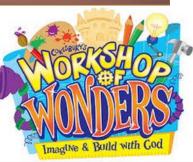


Things to Remember!

- † Holy Week Activities
- † April 12th—BBQ (Youth)
- † Maundy Thursday Service - April 17th @ 7:00 PM
- † Good Friday Service April 18th @ 7:00 PM
- † Saturday, April 19th @ 10:00 AM - Easter Egg Hunt
- † YOUTH EASTER SUNRISE SERVICE - April 20th @ 7:00 AM
- † Easter Breakfast @ 7:30
- † April 24th SA Food Truck
- † Tuesdays at 9:30 AM -Drive Thru Prayer
- † Centering Prayer -Wednesdays @ 12:00 thru Lent
- † Praise and Communion Bi-Cultural Worship Service Wednesdays @ 7:00 pm (Sanctuary during Lent, FH after Easter)

Looking for some fun this summer???

Please consider joining our Vacation Bible School team as we bring the Word of God to our community. The past few summers have brought us lots of kids and some adults. What a wonderful way



for St Mark's to share the love of the Lord and teach others about His unconditional love and grace.

In next month's newsletter, there will be a list of work areas, a brief description of what is involved, and the name of the leaders who have so generously answered the call to give of their time and talent. As a reminder, the dates are June 23 - 27 evenings, 5:30 - 8:30 PM.

As we continue to prepare, we ask that beginning right now, you include this ministry in your daily prayers.

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STATE OF THE CHURCH



Sunday School	3/2	3/9	3/16	3/23
Children	2	2	3	3
Youth	6	4	6	10
Adults	47	36	37	40
Total SS	55	42	46	53
Worship	91	92	93	81

USHERS

- † Bob Bailly
- † Jeff Brown
- Tom Jack
- † Bob Mace

TAPE MINISTRY

† Daniel Wilke

GREETERS

- † Johnny Mendoza
- † Rob Remig



Finance Committee Reflections: Sounds From the Bean Counters

We hope everyone is enjoying the cooler weather, but be sure it won't be long before the South Texas heat will be here.

February contributions are lower than both the budget and last year. We fell short in excess of \$2,000 versus both the budget and last year. Year-to-date, we trail the budget and last year by nearly \$5,500.

Operating expenses in February exceeded the budget and last year. Versus the budget, apportionment spending was \$1,100 higher than planned and accounts for the variance. Compared to last year, apportionment spending and Trustee expenses were both higher and are the main reason for the variance of \$3,500. Year-to-date expenses are also higher than budgeted and last year. Higher apportionment payments are the most significant reasons for the variances.

In February, we had a cash outflow of \$4,800 and year-to-date an outflow of \$8,500.

While we have had a significant cash outflow, the good news is that our apportionment payments are in great shape through two months. We are \$1,100 higher than budgeted in the month and \$6,200 higher year-to-date.

The result of having lower contributions and higher expenses has resulted in an operating cash problem. At the end of January, we had an operating cash balance of \$2,995. At the end of February, our operating cash balance is a negative \$1,864. We are being forced to borrow from Peter to pay Paul. This is certainly not the position we want to be in.

The history of St. Mark's is that when we have financial needs, you have always been there. We are optimistic this will be the case again. During the Easter season we ask for your prayers and financial support. We wish you all a very happy Easter.



ADMINISTRATION

GOAL – to Support:

General Conference Annual Conference Session The Treasurer's Office Audits for Districts & Campus Ministries

8.2 Cents of every apportioned dollar goes to the Administration fund

The Administrative Fund also provides for direct benefits to the other local churches of the conference. For instance:

Mount Wesley operations are supported directly by the Administrative Fund

The property and liability insurance program—including worker's comp, umbrella coverage and directors' and officers' coverage—is provided at a cost, with an estimated saving to churches of the Conference of more than \$1 million annually

Community Garden - A Dream Becomes Reality!!

If you have not yet made a trip out to our back lot to look at the progress in the Dellview Community Garden, you ought to do so. Plants are growing, trees are planted and we are excited about the possibilities. Though we are barely started, we are excited to have so many folks ready and willing to either word physically or contribute to the garden. We are hopeful to have a sign up soon, more trees planted and more beds made as needed. God is good and the growth of spring is a visual sign to all of us of His great goodness. One of the

Boy Scouts is working on a project for his Eagle Scout

Award and has chosen to build a handicap bench for our garden. We welcome each and everyone of you or anyone in the neighborhood to join us in "playing"

in the dirt.



Imogene and Lucille



Happy Spring!

Along with Spring, Easter is on the way! So-o-o-o, let me share a little about how Holy Week and Easter Sunday will look at St Mark's.

We'll start the week off with Palm Sunday, April 13th (just around the corner!).

We'll celebrate Maundy Thursday with worship that evening, which will include Holy Communion. Maundy Thursday is a transliteration of the Latin word "mandatum", meaning "mandate". It was on this evening that Jesus shared the last supper with the disciples and gave them a mandate, a new command to love one another as Jesus has loved. This has always been one of my favorite services; intimate, loving and a fitting preparation for the long and arduous weekend.

Good Friday will hold two events for us. As you will remember, Jesus was crucified and died on the cross at about 3pm in the afternoon of that Friday. I am proposing that those who are interested will join with me at the grounds of the Oblate Seminary, 5700 Blanco Road in San Antonio, where we can walk the stations of the cross, praying and remembering Jesus' journey to the cross on this day. I will have written handouts that have the appropriate scripture for each stage and station of the cross, enabling each to pray and meditate at their own pace and time. There will also be a Good Friday evening worship service at St Mark's. After worship, we will strip the sanctuary in preparation for our Easter Vigil and celebrations on Easter Sunday.

You'll want to be a part of this week as it is the most important and significant symbol of the Christian faith: God became a human being, suffered and died for us, and on the third day, rose again; with Christ's resurrection, we have new life, as well. Death has no power over us; we are living with Christ forever; how can we not celebrate and rejoice that life has meaning and purpose, joy and delight!

Therefore, be at peace and know that God loves us very much! Have a blessed Holy Week and Easter! See you Sunday and until then, God bless you!

Jay

April 2014

Mo nth ly Plan ner

Sunday	Mon day	Tues day	W ednes day	Thursday	Friday	Saturday
S M T	wrch W T F S	I 6:30 AM ROMEO's @Cracker Barrel 9:00 AM Drive-thru Praye 10:00 AM Exercise (FH) 4:00 PM Tx Tigers (HC) 6:00 PM Torres (FH)	4:00 PM Tx Tigers (HC)	3 10:00 AM Exercise (FH) 4:00 PM Tx Tigers (HC) 7:00 PM Choir Practice 7:30 PM Boy Scouts (SH)	4:00 PM Tx Tigers (HC) 5:00 PM - 10:00 PM	5 8:00 AM Sat . Morning Reunion 9:00 AM ESL - IL (1:00 PM - 7:00 PM KOSA Council' Reunion (FH) 3:00 PM - 8:00 PM Perryman Wedding
์ 9:15 AM Sunday School 10:30 AM Worship	7 10:00 AM Exercise (FH) 1:00 PM Staff Meeting 4:00 PM Tx Tigers (HC)	@Cracker Barrel 9:00 AM Drive-thru Praye	4:00 PM Tx Tigers (HC)	10:00 AM Exercise (FH) 4:00 PM Tx Tigers (HC) 7:00 PM Choir Practice 7:00 PM Trustee Mtg (FH) 7:30 PM Boy Scouts (SH)	11 -OF FICE CL OSED- 4:00 PM Tx Tigers (HC)	12 8:00 AM Sat . Morning Reunion 9:00 AM ESL - IL 11:00 AM BBQ (Youth)
13 PALM SUNDAY 9:15 AM Sunday School 10:30 AM Worship	_	@Cracker Barrel 9:00 AM Drive-thru Praye	Meadows a1:00 PM MS Yoga (FH)	17 10:00 AM Exercise (FH) 10:00 AM NL Deadine 4:00 PM Tx Tigers (HC) 7:00 PM Maundy Thurs day Srv 7:30 PM Boy Scouts (SH)	4:00 PM Tx Tigers (HC) 7:00 PM Good Friday	19 7:00 AM - 7:00 PM Praye Vigil 8:00 AM Sat . Morning Reunion 9:00 AM ESL - IL 10:00 AM Easter Egg Hunt
7:30 AM Breakfast 9:15 AM Sunday School	6:00 PM Finance Mtg	@Cracker Barrel 9:00 AM Drive-thru Praye 9:00 AM Food Vouchers 10:00 AM Exercise (FH)	4:00 PM Tx Tigers (HC) 47:00 PM Praise/ BiCultural Service	24 8:45 AM SA Food Truck 9:00 AM NL Mailout (YAMS) 10:00 AM Exercise (FH) 4:00 PM Tx Tigers (HC) 7:00 PM Choir Practice 7:30 PM Boy Scouts (SH)	Battle of Flowers 4:00 PM Tx Tigers (HC)	26 8:00 AM Sat . Morning Reunion 9:00 AM ESL - IL
9:15 AM Sunday School 10:30 AM Worship	28 10:00 AM Exercise (FH) 1:00 PM Staff Meeting 4:00 PM Tx Tigers (HC)	29 6:30 AM ROMEO'S @Cracker Barrel 9:00 AM Drive-thru Praye 10:00 AM Exercise (FH) 4:00 PM Tx Tigers (HC)	30 1:00 PM MS Yoga (FH) 4:00 PM Tx Tigers (HC) 47:00 PM Praise/ BiCultural Service	1 1	May S M T W T F 4 5 6 7 8 9 1 12 13 14 15 16 8 19 20 21 22 23 5 26 27 28 29 30	17 24



St. Mark's Bulletin Board

Easter Egg Hunt

Easter is on it's way and so is the hunt for eggs. We have plenty of plastic eggs but would gladly accept money or bags of candy to fill the eggs. We are always looking for volunteers on the day of the hunt to help guide the children with crafts, singing, and looking for those elusive eggs.

EContact Susan Philbin

The Toiletries Drive was a huge success! we took 6 large bags to Rhodes Middle School. They were so happy to receive all the items. Thanks so much to all who contributed.

We have big hearts at St Mark's.

Thanks again, Patti Austin Don't forget!

March 30th - 5th Sunday Pot Luck

March 30th is our first 5th Sunday pot luck this year. Look for reminders, posters, or bulletin inserts and let's start thinking about that great social gathering enjoying food and fellowship together.

A large "thank You" to all of the folks who so willingly helped build the garden beds on both Saturdays, March 1 & 15th. Everyone was so willing and excited and it was hard work, moving cement blocks and loading and unloading dirt. The garden is looking very good with several things growing. (No ripe tomatoes yet!!!!)

Kim and Jake Durick have planted two fruit trees, so a special thank you to them.

God willing we will be producing food not only for the soul but for the body also.

Imogene

Dear Church family,

Many thanks to Pastor Jay, Imogene & Ron Brown for their visits while I was in the hospital. Also a heartfelt thank you for the assistance I received from Patti Austin, Bob Bashaw, Imogene Brown, Patti Gardner, Sue Horner and Mary Parramore. And, last but not least, thanks for all the calls, cards, e-mails, and prayers; they were greatly appreciated.

Mary Jo Price

A big thank you to all who helped at last months Food Truck. It was great!

Pastor Jay and crew served wonderful tacos to those who came early. We also had 2 volunteers from Northwest Hills Methodist. They were a big help! Come join us on the fourth Thursday of every month. We have a lot of fun as we serve our Lord.



Patti Austin





St. Mark's United Methodist Women will be awarding one scholarship this year. It will be awarded to a member of our church who will be a graduating high school senior in the spring of 2014 or a person currently enrolled in college or technical training school. Applications will be available in the church office on February 3, 2014 and must be completed and turned into the church office by April 14, 2014. If you have any questions, please contact Dorothy Mace at 492-8483.

IMPORTANT FACTS ABOUT EXERCISE



DRINK WATER!

Drink water before, during and after workouts! Fuel your muscles and you will workout with more energy. Sports drinks and other such advertised beverages that claim boosts to your exercise or metabolism or endurance, etc are not for the average person for their daily exercise program. These drinks have a lot of sugars and caffeine and add a lot of unnecessary calories. These special drinks are for those extended workouts that are very strenuous and for super athletes. Unless you are exercising in the very hot sun and need potassium and sodium replacements, you do not need these added sugars and carbohydrates. People with special needs, such as diabetics, might need supplemental nutrition prior to a workout.

WEAR APPROPRIATE EXERCISE ATTIRE

Wear shoes with plenty of toe-room and support designed for the sport/activity in mind. Keep shoestrings secured for safety. Choose clothes that breathe and fabric that does not give you a chill after the cool down of a sweaty workout.

WEIGHTS, MACHINES AND PROPER FORM

Get a professional to demonstrate proper use and form for all machines, free-weights and special equipment. Momentum and speed do not increase benefits. Only proper form and purposeful movements will create the much wanted results you are looking for. Be careful not to let bad form or speed motivate you into injuries and poor results. Fewer people than you think really know how to exercise properly. Do the right thing and you will be stronger and faster and more agile. Find out which muscles are to be worked with special equipment or machines before you use them, this will aide you in knowing if you are gaining the full benefits from each workout.

FREQUENCY AND DURATION

It takes FIVE to be fit! Five days a week is the optimal program for healthy joints, muscles and your heart. Over-exerting can be unhealthy. The body needs rest and choosing your workout times with a consistent schedule creates the best results. Weight training is only recommended every-other-day. Let the muscles rest and create cardio workouts on your days in between. Be careful not to overwork joints with high-repetitious weight training. Instead, use heavier weights with fewer repetitions, exhausting the muscle more quickly and not the joints. This will burn fat faster and create lean muscle tissue. Heavier weights also provide bone-building qualities.

Ask yourself, "Am I working hard, or hardly working?" Challenge yourself in your workouts to increase and become stronger, faster, more agile, and more flexible. Monitor your abilities and increase your skills with purpose and proper form - do not overexert to reach a level. Form is always more important than range. Have fun! When you become bored with your workouts, challenge yourself to new levels or a whole new workout. Exercise with those interested in exercise and encourage each other to reach new goals and skills. Remember, **SWEAT** is **GOOD** For you!!

EASTER LILIES ORDER FORM - APRIL 2014

In honor or in memory of a loved one

ST. MARK'S UNITED METHODIST CHURCH

YOUR NAME:	
In honor of:	
	AND/OR
In memory of:	
Please place your order in the offering plat later than March 30 th , 2014.	te or with Mary in the church office as soon as possible or no
` '	each lily ordered and this form. Make checks payable to Stowers may be picked up following the Easter service.
Number of Lilies ordered	Amount paid



Wednesday Bible Study

The Wednesday Lunch Bible Study is back with a 6-week study of Job beginning April 23 and continuing through May 28th. If you are interested in joining this study, please let me know. We meet Wednesdays from 12-1 in Lovely Lane Hall. Books are \$10. Bring your lunch if you want to! (Book are in the church office in my mailbox.)

Patti Gardner - 830-431-3157 pjdgardner@aol.com



ST. MARK'S BUZZIN'S

Please remember these in your prayers



Jill Anderson
Kylee Brown
Megan Brown
Margaret Broxton
Bill & Isabel Centeno
Bucky Coley
Esdras Cuervo
Margery Green
Gladys Johnson
Mary Krwawicz
Bea Kunkel
Clay Laster
Alice & Ben Logan
Michael Mendoza

Mendoza Family
Charles Mixon
Gloria Reedy
Steve Reyes Sr.
Ella Reyes
Mike Ross
John Parramore
Will Schuetze
Kirk Tomerlin
Abraham Wamah
Dwayne Rodgers
Gary Johnson
Harriet Smith
Family of Billy Clark

Barbara Freeto
Mary Jo Price
Clifton Dabney
Ernest Gallegos
Vicki Robinson's
mother
Jim Calhoun
Jean Frasier
Hoan Tran
Family of Lyle Lawson
J'Net Chambers
Tim Chambers
Barbara Freeto
Pamela Cline

April 1 Phyllis Gaiser

April 4 Max Harvey Stacy Reed

April 9
Caisey Hoffman

April 10 Robert Smith

April 13 Ralph Perryman April 14

Brooke Somerville

April 15 Ann Payette

April 17
Bertha King

April 22 John Sidusky

April 24

Barbara Freeto

April 27

Dorothy Mace

April 28

Isabel Centeno

April 29

Janice Rushton

April 30 Halie Kosmuch Angela Moss





The Davison's - April 14th

Kerb & Marilyn Snook - April 29th

WELCOME TO OUR NEWEST MEMBERS!!

Mario and Leticia Mercado

MISSION STATEMENT

- TO HELP ALL PERSONS DEVELOP AND STRENGTHEN A PERSONAL RELATIONSHIP WITH GOD THROUGH HIS
- SON, JESUS CHRIST

 TO NURTURE THEM IN THE CHRISTIAN FAITH THROUGH
 OPPORTUNITIES FOR FELLOWSHIP, WORSHIP, AND
 STUDY
- TO STRIVE TO IDENTIFY AND SERVE THE NEEDS OF INDIVIDUALS AND GROUPS IN OUR COMMUNITY
 AND TO ENCOURAGE ALL TO LIVE IN THE WORLD AS

CHRISTIAN DISCIPLES

YOUR CHURCH STAFF

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Mary Parramore		SECKEL
Rev. Jay Brown		7OTSA9

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St. Mark's United Methodist Church