

# Messenger

## St. Mark's United Methodist Church

1902 Vance Jackson San Antonio, TX 78213 210-344-8393

#### Things to Remember:

- † END OF SUMMER SLAM!!
  Water, Games & Kids Sunday, August 14th from
  3:00 5:00 PM in the front
  yard of the church!
- † Children's Church Sundays - August 14 & 28
- † Teacher Appreciation BBQ - Sunday, August 28th following worship. There will be no San Antonio Mobile Food Pantry in August!! Next food truck date is September 22nd.
- † Wednesdays @ 6:30 -Praise Communion Service

We thought you might be interested to know how your donations are being used in the St. Mark's Food Pantry. In the Second Quarter of 2016, you donated 251 pounds of food and \$301.82 in the "Noisy Offering" with which to purchase additional food items. We use this money to buy quantities of food from the San Antonio Food Bank and supplemental food from local groots



 $supplemental\ food\ from\ local\ grocery\ stores.$ 

From April 1 through June 30, 196 individuals sought food at the church and received sack lunches. Most of these people could not use a large sack of food or have the means to prepare it; they were hungry then and needed something to eat. An additional 70 people, representing 280 family members, also requested larger "Family Bags" of food. It is our goal that these larger sacks of food will sustain a family of four for three days to help them during emergency periods in their lives.

Thank you, people of St. Mark's, for your continued support of our Food Pantry Ministry!



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### SERVING THE CHURCH

| Sunday School     | 6/26 | 7/3 | 7/10 | 7/17 | 7/24 |
|-------------------|------|-----|------|------|------|
| Children          | 1    | 0   | 0    | 1    | 2    |
| Youth             | 4    | 4   | 0    | 1    | 1    |
| Adults            | 26   | 25  | 20   | 23   | 20   |
| Total SS          | 31   | 29  | 20   | 25   | 23   |
| Worship           |      |     |      |      |      |
| Sunday            | 68   | 71  | 76   | 58   | 72   |
| Wednesday Service | 0    | 22  | 16   | 29   |      |



### **USHERS**

- † Kathy Jack
- † Sue Horner
- † Susan Philbin
- † Sharon Somerville
- † Brooke Somerville

Celebrating a special occasion? Honoring a loved one?



August 14 1 Opening

August 28 2 Openings

September 11 2 Openings

September 18 2 Openings

September 25 2 Openings

August Liturgists

August 7: Dennis Wilson August 14: John Williams August 21: Ann Brown August 28: Leticia Mercado





#### World Service Fund

Basic to the financial support of programs of The United Methodist Church, this vital fund helps to build new churches, prepare clergy and lay leaders, and increase the number of young clergy. It also pays missionary salaries, expands Bible studies, provides leadership for youth ministry, continues cooperation and dialogue with other faith traditions through interdenominational and ecumenical work, expresses the church's commitment to God's reign through advocacy for peace and justice and much more. World Service is the financial lifeline to a long list of Christian mission and ministry throughout the denomination.





Wow, the 4<sup>th</sup> of July celebration on Sunday, July 3<sup>rd</sup> was so much fun! We made hot dogs w/ chili, made frito pie, and ate desserts until we were green. There were 20 people eating and playing dominoes and throwing dice to FARKLE. There was so much laughter and the last domino wasn't laid until almost 9:30! Can't wait until the next game night to get our revenge.



# From Our Pastor ...

"To everything there is a season, and a time for everything under the sun"; the writer of the ancient wisdom of Ecclesiastes reminds us. Yesterday afternoon, some 20 plus leaders and servants of our congregation came to the awareness that it's time for us to let the Pumpkin Patch go on a sabbatical.

The Pumpkin Patch has been a meaningful part of countless children and their families, as well as the lives of each of us at St. Mark's UMC. Each year, for 9 years, pumpkins have been purchased, shipped, unloaded, rolled, turned, pushed and prodded to provide their pumpkin pride to go home to some happy family for their ultimate destination as a pie, or a center piece or a jack o' lantern for the holidays! "Priscilla Pumpkin" has invited us to bring candy, Carolyn Hahn has dressed up for story telling time, Joyce Codd and Dorothy Mace have faithfully invited and gathered children from Arnold Elementary and from other schools, Rob Remig has been on hand with a steady hand and an eagle eye to get just the right photograph (sure to melt a parent's heart!), pallets have been procured, hay has been hauled, lights have been strung... you get the picture! For a whole month (and then some) our whole church has been transformed!

But time has done what time does. We're getting older, slower, and fewer. For something like the Pumpkin Patch that we have traditionally offered, it takes a lot of organization and time and energy; something we are in short supply of these days. "The spirit is willing...but the flesh is weak (or tired, or unable, or slowing down... pick your adjective!) So, with much sadness, we made the motion to let Pumpkin Patch go on a "hiatus" for a year, to see if we can refocus or redefine how we can provide it perhaps in another way or with another type of presentation. We know that God wants us out in the community and we want to do this, also. We also have the reality of a set of parameters; namely a fixed amount of able bodies and workers. So; for this year, we will be open to insights and directions that God will surely provide and see what is the next project for St. Mark's UMC to be able to offer the love and light of Christ to our neighborhood. We are sad at saying goodbye to an old and valued friend, but we know God is not done with us. When one door closes, another opens. With the faith, love and commitment found at St. Mark's we know that whatever comes next, it will honor God and be a part of His plan for all of us. "Well done, good and faithful servants!" God bless you!

Jay

# August 2016

| Sunday   | Monday  | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday  |  |
|--|---|---|--|--|--|---|--|
|  | 10:00 AM<br>Exercise (FH)<br>1:00 PM Staff<br>Mtg   | 2 6:30 AM ROMEO's 9:00 AM Drive Thru Prayer 10:00 AM Exercise (FH) 1:45 PM Parenting Class (LL) 6:00 PM Kairos Torres Advisory Council (FH) 7:00 PM Esther Circle 7:00 PM Order of the Arrow (SH) | 3 1:00 PM YOGA (FH) 6:30 PM Praise Service (FH) 7:00 PM Boy Scouts (SH)  | 4 10:00 AM Exercise (FH) 1:15 PM Parenting Class (LL)  | 8:00 AM<br>Labyrinth<br>Tour<br>Office<br>Closed | 8:00 AM<br>Saturday<br>Morning<br>Reunion                                       |  |
| 7<br>9:15 AM Sunday<br>School<br>10:30 AM<br>Worship   | 8 10:00 AM Exercise (FH) 1:00 PM Staff Mtg  | 9 6:30 AM ROMEO's 9:00 AM Drive Thru Prayer 10:00 AM Exercise (FH) 1:45 PM Parenting Class (LL) 7:00 PM Order of the Arrow (SH)   | 100 PM YOGA (FH) 6:30 PM Praise Service (FH) 7:00 PM Boy Scouts (SH)     | 11 10:00 AM Exercise (FH) 7:00 PM Choir Practice 7:00 PM Trustees (FH)                                 | 12<br>Office<br>Closed                           | 13<br>8:00 AM<br>Saturday<br>Morning<br>Reunion                                 |  |
| 9:15 AM Sunday<br>School<br>10:30 AM<br>Worship<br>10:45 AM<br>Children's<br>Church (LL)<br>3:00 PM End of<br>Summer Slam! | 15 10:00 AM Exercise (FH) 1:00 PM Staff Mtg 6:30 PM Finance Meeting (FH) 7:00 PM Admin Council (FH) | 16 6:30 AM ROMEO'S 9:00 AM Drive Thru Prayer 10:00 AM Exercise (FH) 1:45 PM Parenting Class (LL) 7:00 PM Order of the Arrow (SH)  | 17 1:00 PM YOGA (FH) 6:30 PM Praise Service (FH) 7:00 PM Boy Scouts (SH) | 18 10:00 AM Exercise (FH) 10:00 AM NL Deadline 11:00 AM Nutritional Potluck 7:00 PM Choir Practice     | 19<br>Office<br>Closed                           | 20<br>8:00 AM<br>Saturday<br>Morning<br>Reunion                                 |  |
| 21 9:15 AM Sunday School 10:30 AM Worship  | 22<br>10:00 AM<br>Exercise (FH)<br>1:00 PM Staff<br>Mtg   | 23 6:30 AM ROMEO's 9:00 AM Drive Thru Prayer 10:00 AM Exercise (FH) 7:00 PM Order of the Arrow (SH)   | 24 1:00 PM YOGA (FH) 6:30 PM Praise Service (FH) 7:00 PM Boy Scouts (SH) | 25 8:00 AM SA Mobile Food Bank 9:00 AM NL Mailout (YAMS) 10:00 AM Exercise (FH) 7:00 PM Choir Practice | 26<br>Office<br>Closed                           | 27<br>8:00 AM<br>Saturday<br>Morning<br>Reunion                                 |  |
| 9:15 AM Sunday School 10:30 AM Worship 10:45 AM Children's Church (LL) 11:45 AM Teacher Appreciation BBQ 6:00 PM F-Troop   | 29 10:00 AM Exercise (FH) 1:00 PM Staff Mtg 1:30 PM Worship Committee                               | 30 6:30 AM ROMEO's 9:00 AM Drive Thru Prayer 10:00 AM Exercise (FH) 7:00 PM Order of the Arrow (SH)   | 31 1:00 PM YOGA (FH) 6:30 PM Praise Service (FH) 7:00 PM Boy Scouts (SH) | Jul 2016 S M T W T F  1 3 4 5 6 7 8 10 11 12 13 14 15 17 18 19 20 21 22 24 25 26 27 28 29 31           | S M 2  9 4 5 6  11121 23 18192                   | ep 2016  T W T F S  1 2 3  5 7 8 9 10  3 14 15 16 17  0 21 22 23 24  7 28 29 30 |  |

## **Prostate Health**

The prostate is a part of the male reproductive system and is located just below the bladder. As a man ages, the prostate tends to increase in size. This can cause the urethra to narrow and decrease urine flow. This is called benign prostatic hyperplasia and is not the same as prostate cancer. Prostate cancer is an abnormal overgrowth of cancer cells in the prostate.

Prostate cancer is the second most common cancer among men in the United States, with non-melanoma skin cancer being the most common. It is also one of the leading causes of cancer death among men. In 2013, 176,450 men in the United States were diagnosed with prostate cancer and 27,681 men in the United States died from prostate cancer. In 2013, African-American men had the highest rate of getting and dying from prostate cancer, followed by White, Hispanic, American Indian/Alaska Native, and Asian/Pacific Islander men.

Symptoms can vary by person. Some people do not have any symptoms at all. Some of the most common symptoms are: difficulty starting urination, weak or interrupted flow of urine, frequent urination, especially at night, difficulty emptying the bladder completely, pain or burning during urination, blood in the urine or semen, pain in the back, hips, or pelvis that doesn't go away or painful ejaculation.

PSA test is a blood test that can screen for prostate cancer. The problem with this test is it can yield a false positive or false negative result. The only way to know if an abnormal PSA test is due to cancer is to do a biopsy. Along with the PSA test, it is also important for men to have a digital rectal exam.

Once a person has been diagnosed with prostate cancer, treatment varies and the person should discuss his options with his doctor. Treatments for prostate cancer include testing the PSA levels regularly with a digital rectal exam, surgery, radiation therapy or hormonal therapy.

For more information about prostate cancer, talk with your doctor; visit the Center for Disease Control's website at <a href="http://www.cdc.gov/cancer/prostate/basic info/index.htm">http://www.cdc.gov/cancer/prostate/basic info/index.htm</a> or talk to your Wesley Nurse.

Wesley Nurse, Charzes Flowers, RN 210-344-8393

# **NOTES AND NOTICES**



The Brick Fundraiser is still in process! If you have purchased a brick, rest assured that they will be ordered and placed on our property. If you have not yet ordered your brick, the order form is included in this edition of the Messenger!

We served 155 families last month! The tacos were a big hit as usual. Thanks to all the wonderful volunteers who help. It takes many hands and hearts. We would love to have more volunteers. Come join us! We work hard but we have fun too. Many recipients have told me how much they appreciate all that St Mark's does for them. Many of them pray for us. Isn't that great! What a blessing to have others pray for us. Please keep our recipients and our volunteers in your prayers.

Remember there is no food truck in August because of the heat. The next food truck will be here on Thursday, September 22.

Thanks again!

Patti Austin



## Don't forget our Food Pantry!

Individual fruit cups
Peanut butter crackers
Granola/Breakfast bars
Small cans of ravioli with pull-tops
One-pound bag rice
One-pound bag pinto beans
Ramen Noodles (brick or cup)
Juice (12 oz or smaller)
Cans of Chicken or Spam
(Tuna not needed)



Don't forget our

Noisy Offering - the last Sunday of every month!



Mark your calendars for Sunday, August 28<sup>th</sup>. That is when we will show our teachers appreciation for leading us through our Bible studies. Following church we will have a pot luck lunch in the Fellowship Hall. Hamburgers and Hot Dogs will be provided so plan on bringing anything that will go with that.

Need a Good Handyman?

Johnny Mendoza

210-765-1869



## Don't forget!!

We are selling bricks! You can purchase a brick to commemorate your family name or a specific life event! Whatever you would like to say - you have 3 lines, 21 characters per line... These bricks will be set and displayed in a prominent place on our church grounds (to be decided). Bricks are \$50. Just fill out and mail this form in with your payment!

### St. Mark's United Methodist Church Commemorative Bricks Order Form

|        |         | Ye   | s, we' | d like | to rese               | erve a  | perma            | anent            | brick t         | o be ii           | nstalle           | ed in th         | ne nev           | v Men  | norial/ | Hono     | r gard   | en. |          |   |
|--------|---------|------|--------|--------|-----------------------|---|------------------|------------------|-----------------|-------------------|-------------------|------------------|------------------|--------|---------|----------|----------|-----|----------|---|
| Name   | ):      |      |        |        |                       | -   |                  |                  |                 |                   |                   |                  |                  |        |         |          |          |     |          |   |
| Addre  | ess:    |      |        |        |                       |   |                  |                  |                 |                   |                   |                  |                  |        |         |          |          |     |          |   |
| City/S | State/Z | Zip: |        |        |                       |   |                  |                  |                 |                   |                   |                  |                  |        |         |          |          |     |          |   |
| Phone  | e:      |      |        |        | and the second second | estanta de la companya de la company |                  |                  |                 |                   | E-mai             | il:              |                  |        |         |          |          |     |          |   |
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|        |         |      |        |        |                       |   |                  |                  |                 |                   |                   | 6                |                  |        |         |          |          |     |          |   |
| Exam   | ple:    |      |        |        |                       |   |                  |                  |                 |                   | 4-1               |                  |                  |        |         |          |          |     |          |   |
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|        |         |      |        |        | <u></u>               | <u></u>   | <u></u>          |                  |                 |                   |                   | 1                |                  |        |         | <u> </u> |          |     | L        |   |

Please return this form and your check for \$50.00 per brick, payable to:
St. Mark's United Methodist Church
1902 Vance Jackson
San Antonio, TX 78213

If you have any questions, please contact Bob Bashaw at (210) 833-5028.

## Snapshots from Vacation Bible School





























UNLEASH YOUR POWER















#### SOUNDS FROM THE BEANCOUNTERS

The following provides the financial overview for the month of June.

| Operating Cash balance at 5/31/2016 |       |        |  |  |  |  |  |  |
|-------------------------------------|-------|--------|--|--|--|--|--|--|
| Non-Designated Contributions - June |       |        |  |  |  |  |  |  |
| Operating Expenses:                 |       |        |  |  |  |  |  |  |
| Council on Ministries               | 1,105 |        |  |  |  |  |  |  |
| Special Mission Giving              | 0     |        |  |  |  |  |  |  |
| Mission Giving                      | 5,946 |        |  |  |  |  |  |  |
| Administration Expense              | 184   |        |  |  |  |  |  |  |
| Trustees                            | 7,049 |        |  |  |  |  |  |  |
| Pastor's Compensation               | 5,981 |        |  |  |  |  |  |  |
| Lay Personnel Compensation          | 5,563 |        |  |  |  |  |  |  |
|                                     |       | 25,828 |  |  |  |  |  |  |
| Other Income/(Expense)              |       |        |  |  |  |  |  |  |
| Operating Cash balance at 6/30/2016 |       |        |  |  |  |  |  |  |

#### Comments:

June contributions were \$1,625 less than budgeted and 436 lower than 2015. Rental income was \$1,083 higher than budgeted.

Operating expenses were \$1,972 higher than budgeted and \$1,575 higher than June 2015. Nearly \$6,000 was paid towards our apportionments which puts us slightly ahead on a year-to-date basis. Through June, all expense categories are favorable to budget, other than the Mission Giving (apportionments).

For the month, we had a cash outflow of \$9,334, which caused our operating cash balance to drop from \$15,663 to \$4,945. Our receipts for the month were \$14,681 and our operating expenses were \$25,826. It is extremely important that we focus on managing our available cash.

We appreciate the support you all give to St. Mark's, whether it is your time, talent or treasure. God bless!

## ST. MARK'S BUZZIN'S . . .



August 3

August 5

August 7

August 9

Marville Asher

Fatima Zurovec

Cynthia Ramirez

**Abner Ross** 

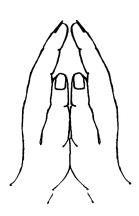
Moses Lopez

**Rob Remig** 

Jill Anderson Willie Barnes Connor Benjamin Kylee Brown Megan Brown Margaret Broxton Bucky Coley Esdras Cuervo Landry Dollahite Bea Kunkel Alice & Ben Logan Robert Flores Lopez Michael Mendoza Pastor Eric Miletti Jean Newman Ann Payette Cindy Payette

Gloria Reedy
Steve Reyes, Sr.
Mike Ross
Will Schuetze
Kirk Tomerlin
Abraham Wamah
Kathryn Wilson
Erwin Chambers
Family of Saralee
Gretchen Rocha
Buddy Walla
Gerald Morriss
Family of John Ockenfels
Family of Tim Chambers
David Cavazos

Roland Rodriguez





August 11
Allison Ramirez

August 12 Bill McMahon

August 15 Myrtis Burney

August 16 Ramona Bissett

August 17 Stephanie Bercegeay Garrett Brown

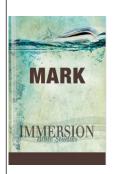
August 18 Gloria Coe August 21 Lucille Armitage

August 25 Odette McKenzie

August 27 Diana Russo

August 29 Robert Allen

## Wednesday Bible Study



Our Bible Study will be starting back up in September!

If you are interested, please call Patti (in the church office)

by Monday, August 15th so I can order the books.

The study runs 8 weeks: September 7th through October 26th.

We meet in the YAMS Classroom Wednesdays from 12-1:00 PM.

Study books are \$9.

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#### St. Mark's United Methodist Church 1902 Vance Jackson - San Antonio, Texas 78213-4455 (210) 344-8393 stmarksumc@grandecom.net

Current Resident Or:

CHRISTIAN DISCIPLES

AND TO ENCOURAGE ALL TO LIVE IN THE WORLD AS

INDIVIDUALS AND GROUPS IN OUR COMMUNITY TO STRIVE TO IDENTIFY AND SERVE THE NEEDS OF

YOUTS GNA, 91HS

THROUGH OPPORTUNITIES FOR FELLOWSHIP, WOR-TO NURTURE THEM IN THE CHRISTIAN FAITH SON, JESUS CHRIST

PERSONAL RELATIONSHIP WITH GOD THROUGH HIS TO HELP ALL PERSONS DEVELOP AND STRENGTHEN A

## **MISSION STATEMENT**

#### NAIGOTZUO Joseph Scutti ORGANIST Carolyn Hahn CHOIR DIRECTOR Charzes Flowers **MESLEY NURSE** Patti Gardner SECRETARY

9:00 am—4:00 p.m. Monday—Thursday
CLOSED on Friday

Johnny Mendoza

Rev. Jay Brown

www.stmarksumcsa.com

PHONE (210)344-8393 FAX (210)344-8397

szwarkspastor@grandecom.net etmarksumc@grandecom.net :etisdeW

**OFFICE HOURS** 

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**AOTZA9**