



Things to Remember!

- † Sunday, June 1 - Honor Graduates
- † Annual Conference - Friday, June 6 - Sunday, June 8
- † Father's Day - Sunday, June 15
- † **July Newsletter Deadline - Thursday, June 19th**
- † **VACATION BIBLE SCHOOL!!!** June 23—27 5:30 - 8:00 PM
- † Thursday, June 26th - Food Truck
- † Youth Camp Friday, June 27 - Sunday, June 29
- † Tuesdays at 9:30 AM - Drive Thru Prayer
- † Praise and Communion Bi-Cultural Worship Service Wednesdays @ 7:00 pm (FH)

After months of planning, it's almost time for ...

VACATION BIBLE SCHOOL

...St Mark's style!!! We hope you will make an effort to join us, either as a volunteer or a student. There are classes for children as young as four, plus a brand new youth class. An adult class is also being offered. So you see, there will be no reason for you to miss out on the fun of imagining and building with God! Let's spread the word so 2014 can be our best year yet! Please continue to keep this ministry in your prayers!

In love and service to our Lord,
Melinda Molina
VBS Director
210-724-5442
melindadolores@aol.com



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Follow us on Facebook! <http://www.facebook.com/pages/St-Marks-United-Methodist-Church/217072428313881?ref=hl>

STATE OF THE CHURCH

<u>Sunday School</u>	4/27	5/4	5/11	5/18
Children	1	3	4	1
Youth	4	5	4	6
Adults	39	36	37	42
Total SS	44	44	45	49
<u>Worship</u>	70	84	107	78



USHERS

- † Bob Bailly
- † Jeff Brown
- † Tom Jack
- † Bob Mace

TAPE MINISTRY

- † Daniel Wilke

GREETERS

- † Patti Austin
- † Kathy Jack



Finance Committee Reflections: Sounds From the Bean Counters

We hope you all had a very Happy Easter! Please pray for rain as we definitely need a good soaking to keep everything green as long as possible before we change to the late summer brown.

April contributions were strong. We had nearly \$29,000 in contributions of which \$7,200 related to our Easter offering. A tremendous show of your financial support at a time we needed it. However, not of any great surprise, as you always come through when needed. Our year-to-date contributions are now \$1,000 ahead of budget and over \$500 greater than last year.

Our operating expenses for April were very favorable to last year and the budget. Mission Giving was \$7,600 lower than last year (in 2013 the first significant payments were made using the Easter offering which was designated to apportionments). Compared to the budget, Mission Giving was lower by almost \$2,100, as we did not make an additional payment during the month. Trustee spending was favorable in April. We were \$2,700 lower than budgeted and \$3,300 less than last year. This favorable spending was the result of lower custodial supply expense and lower repairs and maintenance. Year-to-date

our operating expenses are lower than budgeted but are higher than 2013 due to higher repair and maintenance, lay personnel compensation and Mission Giving.

For the month, we had a cash inflow of almost \$10,000. This results in a year-to-date cash outflow of only \$100.

Through four months, our apportionment payments are nearly \$14,000, which exceeds budget by \$2,800. As a result of the strong Easter offering which significantly improved our operating cash position, we will be sending \$3,700 in May.

Our operating cash balance entering April was a negative \$2,775. At April 30, our operating cash balance is \$6,934. What a turnaround!

We continually are amazed at your generosity. It's not just your donations of treasures, but also the time and talent that so many contribute. There are always members working on projects which if we hired out the work would result in cash outflow. The St. Mark's community is truly blessed.

God bless you all!



CONFERENCE BENEVOLENCES

23.5 Cents of every apportioned dollar is allotted for Conference Benevolences.

The goal is to support:

- ◇ Youth, Children's & Older Adult Ministries
- ◇ Midwinters & Summer Camps
- ◇ Senior Christian Retreats
- ◇ Spiritual Development & Worship seminars
- ◇ Communications
- ◇ Board of Ordained Ministry
- ◇ The Program Office

New Church Development - Reaching people for Christ by providing churches where they live and work.

Campus Ministry Goals - Recruiting and educating clergy, providing scholarships for students at United Methodist Colleges and Universities in Texas, supporting historically black United Methodist colleges, ensuring a United Methodist presence on local colleges and universities, where young men and women are making decisions about careers, marriage and other life-changing issues.

Ethnic Local Church - Supports ethnic ministries in the Southwest Texas area, providing direct grants to local churches who are initiating ethnic ministries to ethnic congregations who need special assistance.

Unification Support - Unification between the Southwest Texas and Rio Grande Conference is almost upon us! Part of the conference benevolence has been used to help defray costs associated with becoming one new conference.

Texas Conference of Churches - Helps churches and Christians of all denominations work together for common goals.

There is one Christ...and one table, at which we all share bread and wine. This apportionment allows us to reach out to our neighbors and bring them to Christ and into our churches.

From the Pastor



Last night at our Administrative Board meeting, we took a new step in faith that will surely deepen and enhance the mission and ministry of St. Mark's. We are partnering with Nuevo Amanacer United Methodist Church, a missional church on the site of the old Browning UMC next to Kelly Air Force Base. Nuevo Amanacer ("New Dawn") UMC is being led by Octaviano Garcia; a man whom I have been mentoring for ordained ministry. He is a very evangelistic and powerful man of God, who is leading his church into a new day. However, the church is still a mission church and is unable to stand completely alone. As such, they do not have their own bank account and employee identification number, which is necessary to be a tax-free entity. Aldersgate UMC, for the past few years has offered them assistance and helped them with an account under Aldersgate's account; unfortunately, Aldersgate can no longer offer them this assistance. This is where we come in!

Nuevo Amanacer will become a mission of St. Mark's; their members will transfer onto our church rolls. We will receive their bills and make payments for them. Of course, we will receive their offerings as well. For the life of Nuevo Amanacer, they have stood alone financially; they pay their pastor's salary and all their bills...they just didn't have an account with a Federal ID number. Our Financial Officers assure us that this is easily done; no risk to us but will provide much needed assistance to a sister church and help enhance the kingdom of God. Other churches have done similar discipling; Chapel Hill UMC (Kent Kinard's church) did this with Windsong UMC until Windsong became large enough and strong enough to stand alone. Alamo Heights UMC is also working with Asbury UMC in much the same way.

So, overnight St Mark's has grown by some 30-40 members and is reaching out into the community for Christ in a powerful way! Nuevo Amanacer will enrich our own ministries and we can enrich theirs. I look forward to our churches working together for Christ and I give thanks to the Lord for opportunities to be missional and meaningful. God bless our ministries and may they bring God all the glory and honor that He deserves! Dios le bendiga! ("God bless you")

Jay

June 2014

Monthly Planner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																					
1 Honor Graduates 9:15 AM Sunday School 10:30 AM Worship	2 10:00 AM Exercise (FH) 1:00 PM Staff Meeting 4:00 PM Tx Tigers (HC)	3 6:30 AM ROMEOS @Cracker Barrel 9:30 AM Drive-thru Prayer 10:00 AM Exercise (FH) 1:30 PM - 4:00 PM Diabetic Workshop (FH) 4:00 PM Tx Tigers (HC) 6:00 PM Torres (FH)	4 1:00 PM MS Yoga (FH) 4:00 PM Tx Tigers (HC) 7:00 PM Esther Circle 7:00 PM Praise/ BiCultural Service	5 10:00 AM Exercise (FH) 4:00 PM Tx Tigers (HC) 7:00 PM Choir Practice 7:30 PM Boy Scouts (SH)	6 -OFFICE CLOSED- 4:00 PM Tx Tigers (HC)	7 8:00 AM Saturday Morning Reunion 9:00 AM ESL (LL)																																																																																					
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29 Youth Camp 9:15 AM Sunday School 10:30 AM Worship	30 10:00 AM Exercise (FH) 1:00 PM Staff Meeting 4:00 PM Tx Tigers (HC)	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>May</p> <table style="margin: auto; border-collapse: collapse;"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr> <tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr> <tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr> <tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td></tr> </table> </div> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>July</p> <table style="margin: auto; border-collapse: collapse;"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr> <tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr> <tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr> <tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td></tr> </table> </div> </div>					S	M	T	W	T	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	S	M	T	W	T	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
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Wesley Nurse News

The focus for the month of June is on high blood pressure. The blood pressure is typically recorded as two numbers, written as a ratio like this:

Systolic – the top number, which is also the higher of the two numbers, measures the pressure in the arteries when the heart beats (when the heart muscle contracts).

Diastolic – the bottom number, which is also the lower of the two numbers, measures the pressure in the arteries between heartbeats (when the heart muscle is resting between beats and refilling with blood).

If the measurement reads 120 systolic and 80 diastolic, you would say “120 over 80” or write “120/80”.

American Heart Association Recommendation for healthy blood pressure:

Normal Blood Pressure: Systolic BP <120 **AND** Diastolic BP <80

Pre-Hypertension: Systolic BP= 120-139 **OR** Diastolic BP= 80-89

Stage 1 Hypertension: Systolic BP= 140-159 **OR** Diastolic BP= 90-99

Stage 2 Hypertension: Systolic BP= 160 or higher **OR** Diastolic BP= 100 or higher

Hypertensive Crisis: Systolic BP >180 **OR** Diastolic BP >110

(Emergency Care needed)

The **Joint National Committee (JNC 8)** recently released new blood pressure guidelines. JNC 8 concluded the blood pressure for people over 60 years old should be less than 150/90 and people under 60 years old should remain less than 140/90.

ALWAYS ask your doctor what should your specific blood pressure range should be. Depending on your age and health history, your doctor may recommend different ranges.

For more information about high blood pressure, please visit the **American Heart Association** website: http://www.heart.org/HEARTORG/Conditions/HighBloodPressure/AboutHighBloodPressure/Understanding-Blood-Pressure-Readings_UCM_301764_Article.jsp, the **Journal of the American Medical Association** <http://jama.jamanetwork.com/article.aspx?articleid=1791497>, or attend the Wesley Nurse educational class on high blood pressure offered during the month of June. See the Wesley Nurse calendar of events for the specific times.

Your Wesley Nurse,
Charzes Flowers, RN

St. Mark's Bulletin Board



A REPORT & THANKS FROM THE MAY 11 FOOD DRIVE!!

Thanks to the generosity of the St. Mark's congregation, our Food Pantry shelves are nearly full! Many of you like to bring food items during our food drives, and that is always appreciated and can be put to immediate use. Others prefer to donate money, which we can then use to purchase the types of food most needed. And as we have reported previously, we can now buy food from the San Antonio Food Bank which stretches our purchasing power!

On May 11, you brought canned and boxed foods which have been sorted and put in the Food Pantry. You also donated in the "Noisy Offering" — a very generous total of \$687.12!

On behalf of the neighbors and passersby to whom we will be able to provide food to help through their difficult times,

THANK YOU, PEOPLE OF ST. MARK'S!

Dear Living Service,

Thank you all so much for the lovely and delicious lunch you provided after our Mom's service on April 29. It was exceptional, as usual, and a lot of love went into it. You have all be a blessing to St. Mark's for the service you always provide and it was special to have you provide it for our family. Mom loved St. Mark's and the many friends she made there through all her years of service. You all will always hold a special place in our hearts.

Love in Christ,

Susan O'Quinn, Tim Foerster & family



To Thomas Alvarado, son of Toni Alvarado
 On his graduation from Texas A&M San Antonio

UMW Mission u event will be July 11-13, 2014 at the Mount Wesley Conference Center in Kerrville.

All United Methodists in the Rio Grande and Southwest Texas annual conferences are invited to Mission u, the annual 2-1/2 day mission study event. Participants will pray, study, worship and celebrate together, going home reenergized to be involved in mission in their churches and communities.

Topics and study leaders include:

Barbara Dorff (English) and Liliana Padilla (Spanish) leading the Social Issues Study: *The Church and people with Disabilities: Awareness, Accessibility, and Advocacy.*

Andrea Gibbud (English), Ella Luna (English), Cynthia Dooley (Spanish), and Vikki Schwarz (one-day event) leading the Spiritual Growth study: *How Is It With Your Soul?*

Nancy Maples will lead the Geographical study: *Roma of Europe*

Cisco Leyva will lead the Youth study: *Disabilities and Our Response*

Amanda Rodriguez (ages 3-6) and Theresa Cass (7-11) leading the Children's study: *Welcoming Persons With Disabilities Into Our Lives*

Musicians for the event are Eliud Rios and Clayton Karrer

Registration forms can be found on the conference website: <http://www.umswtx.org> - or from the church office. Space is limited. No applications will be accepted after June 23. Mission u begins with registration from 8-10 am on July 11, and concludes by noon on July 13.



United
 Methodist
 Women

If you are interested, Mission u will be participating in a mission action project making birthing kits for UMCOR (the United Methodist Committee on Relief). Kits or monetary donations will be accepted.

2014: UMCOR Birthing Kits

A complete kit includes:

- ◇ 1 small bar soap, original packaging (motel, hotel sizes acceptable)
- ◇ 1 pair latex, surgical or thin rubber gloves* (no kitchen or thick rubber gloves)
- ◇ 1 Square Yard of clear plastic sheeting, 4 mil thick*, must be 4 mil
- ◇ 1 single edge razor blade*, covered in paper or cardboard for safety; (no shaving razors)
- ◇ 2 cotton flannel receiving blankets (30"x30" or 32"x32"), cotton flannel, please; no thermal or fleece or other fabrics.
- ◇ 3 piece of cotton string (12" long)**, must be clean, bundle and tie together, no yarn
- ◇ 1 plastic bag - one gallon, sealable

*These items are available in paint departments
 **Number 3 crochet thread is a good thickness

Fold plastic sheeting and blankets so they will fit into the bag. Lay all loose items on top of the blankets and sheeting. Slide all items into the plastic bag. Squeeze as much air out as possible.



Please make a note of Patsy's new address. I'm sure she would love to hear from her church family!

Patsy Rolirad
11309 Williamsburg Lane
Frisco, TX 75035



Thank you, Urban Soccer Leadership Academy!

The Monte Vista U8 Boys Soccer Team, under the leadership of Coach Rene Medellin, recently held a food drive as a community service project in the Dellview area. And St. Mark's was the lucky recipient of several sacks of canned food that they collected! One of the Moms, Maria Lopez, lives near the church and reported she is aware of many of the mission outreach projects conducted by St. Mark's and they wanted to help support what we are doing in the neighborhood. Thank you, Monte Vista U8 Boys, for helping your neighbors in need. And good luck to you in your games.

With Gratitude -

We are the sum of all the moments in our lives. Thanks for adding so much joy to mine. At a time when "church connection" was really important as we walked through this transition time in our lives -

Neale Freeto and family
And in "His Name" God bless you all!



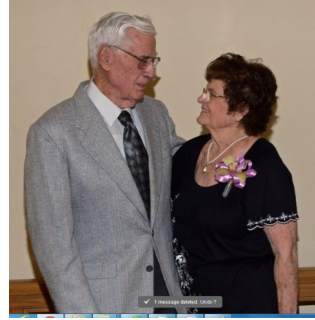
Thanks to the many volunteers who helped at last month's Food Truck. We served approximately 190-200 people. Thanks to the Taco Crew! The tacos were great! Everyone enjoyed them a bunch. We are feeding the body and the soul doing God's work.

Thanks again!
Patti Austin

Happy Anniversary



Lynn & June Swatzell



Ron & Imogene Brown



Joe & Mary Jo Price

We all wish a very special Happy Anniversary to these amazing couples who have been married for a combined total of 314 years!!!

Can you match the original pictures with the right couple?

- Ron and Imogene Brown - 64 years*
- Roland and Evelyn Dullnig - 67 years*
- Joe and Mary Joe Price - 60 years*
- Ed and Doris Sebera - 61 years*
- Lynn and June Swatzell - 62 years*



Ed & Doris Sebera



Roland & Evelyn Dullnig

ST. MARK'S BUZZIN'S . . .

Please remember
these in your prayers



Jill Anderson
Kylee Brown
Megan Brown
Margaret Broxton
Bill & Isabel Centeno
Bucky Coley
Esdras Cuervo
Margery Green
Gladys Johnson
Mary Krwawicz
Bea Kunkel
Clay Laster
Alice & Ben Logan
Michael Mendoza

Mendoza Family
Charles Mixon
Gloria Reedy
Steve Reyes Sr.
Ella Reyes
Mike Ross
John Parramore
Will Schuetze
Kirk Tomerlin
Abraham Wamah
Family of Ruth Foerster
Family of Mildred Hood
Gary Young
Linda Thorpe

Mendoza Family
Grace Garcia
John Kosmuch
Neal Freeto
Girls of Nigeria
Family of Will Brown
Gilbert Gonzales
Roland Rodriguez
Guadalupe Ayala
Gabriel Pinzon

happy
birthday

June 15
Rosa Rodriguez

June 19
Mary Norman
Helen Smith

June 10
Dallas Horner

June 21
Jake Durick

June 11
Robert Mace

June 24
Imogene Brown

June 12
Joanne Green

June 26
Braden Somerville

Happy
Anniversary

Dennis & Kathy Wilson - June 4
Roland & Evelyn Dullnig - June 5
Lynn & June Swatzell - June 11
Ed & Doris Sebera - June 13
Ron & Imogene Brown - June 14
Joe & Mary Jo Price - June 18



Our thoughts and prayers are extended
in heartfelt sympathy
to the family and friends of
Ruth Foerster
and
Mildred Hood

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MISSION STATEMENT

- TO HELP ALL PERSONS DEVELOP AND STRENGTHEN A PERSONAL RELATIONSHIP WITH GOD THROUGH HIS SON, JESUS CHRIST
- TO NURTURE THEM IN THE CHRISTIAN FAITH THROUGH OPPORTUNITIES FOR FELLOWSHIP, WORSHIP, AND STUDY
- TO STRIVE TO IDENTIFY AND SERVE THE NEEDS OF INDIVIDUALS AND GROUPS IN OUR COMMUNITY AND TO ENCOURAGE ALL TO LIVE IN THE WORLD AS CHRISTIAN DISCIPLES

YOUR CHURCH STAFF

PASTOR.....Rev. Jay Brown
 SECRETARY.....Mary Parramore
 WESLEY NURSE.....Charzes Flowers
 CHOIR DIRECTOR.....Carolyn Hahn
 ORGANIST EMERITUS.....Ruth Foerster
 ORGANIST.....Joseph Scutti
 CUSTODIAN.....Johnny Mendoza

OFFICE HOURS.....9:00 am - 4:00 p.m. Monday-Thursday
CLOSED on Friday
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 FAX.....(210) 344-8397

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