

Messenger

St. Mark's United Methodist Church

1902 Vance Jackson San Antonio, TX 78213 210-344-8393

- † May 1-3 Confirmation Class for High School & Middle School
- † May 7th Combined Day of Prayer (Dellview Park)
- † May 8-10 Confirmation Retreat
- † Sunday, May 10th Mother's Day
- † Tuesday, May 12th VBS Meeting (LL) 6:00 PM
- † Saturday, May 16th BBQ (Boy Scouts)
- † Monday, May 25th Memorial Day Holiday - Office Closed
- † Thursday, May 28th SA Food Bank Truck
- † 5th Sunday Potluck May 31st following worship
- † F-Troop Sunday, May 31st
- † Wednesday Night Worship Service - Wednesdays @ 6:30 pm (FH)



In the Garden

I come to the garden alone
while the dew is still on the roses,
and the voice I hear falling on my ear,
the Son of God discloses.

And he walks with me, and he talks with me,
and he tells me I am his own;
and the joy we share as we tarry there,
none other has ever known.



Because it is our desire for everyone in our congregation to enjoy what God is doing in the Dellview Community Garden, our entire congregation is invited to walk to the garden for our closing hymn and our benediction at the close of our service on May 31, 2015. Following our singing and praying, we will share a Pot Luck Dinner served in our gym. God is at work in our garden producing many vegetables, fruits, herbs, flowers and cactus. There are still a couple of raised beds left that are in need of someone to plant and care for them. Will you be the one who answers that call? When one spends time sitting in our beautiful arbor meditating and praising God, you have a special treat feeling the Lord very close to you. Among the lush plants, beautiful flowers, many growing things (even weeds), and birds singing, we do, indeed, walk and talk with our God. You will receive a blessing by participating in this special day in our garden!

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STATE OF THE CHURCH

Sunday School	3/29	4/5	4/12	4/19	
Children	4	4	3	4	
Youth	5	14	5	9	
Adults	44	43	35	45	
Total SS	53	61	43	58	
Worship	114	129	70	102	



USHERS

- † Rob Remig
- † Joe Price
- † Stephanie Bercegeay
- † Billy Kiesel

TAPE MINISTRY

† Daniel Wilke

GREETERS

- † Susan Philbin
- † Brooke Somerville



Finance Committee Reflections: Sounds From the Bean Counters

We hope everyone is doing well and enjoying the wetter than normal weather.

March contributions were nearly \$21,000 which exceeded last March by \$2,800 while falling short of the budgeted amount by \$1,200. There were five Sundays in March which resulted in the higher contributions for the month. Year-to-date contributions are \$4,600 higher than 2014 and trail the budget by only \$300.

Total operating expenses are \$2,300 higher than last year while being \$1,300 lower than budgeted. Council on Ministries spending was \$100 negative as a result of making adjustments from Loving Services and Pantry transfer liability accounts. Pastor Compensation was higher both versus last year and the budget. This is primarily the result of the new associate pastor position. Lay Personnel compensation was higher as a result of higher maintenance salary expense. We did not make an

apportionment payment in March; therefore, we were favorable to last year and the budget.

Year-to-date, our operating expenses are favorable versus both last year and the budget. This is primarily due to our lower Mission Giving payments through March.

We had a cash inflow of \$674 in March, reducing our year-to-date cash outflow to \$2,800.

As a result of lower Mission Giving expense, our apportionment payments are \$8,400 less than last year and \$4,800 less than budgeted.

Our operating cash balance is a negative \$4,007 at the end of March, a slight improvement versus last month.

We continue to be grateful for your financial support to St. Mark's. God bless you all.



\$2,450,000

Pensions and Benefits

Goal: Take care of those who care for the church. 2.3 cents of every apportioned dollar goes to Pensions.

They gave their lives in ministry to the Southwest Texas Conference Churches. Now it's time for the Southwest Texas Conference Churches to give back.

This apportionment subsidizes current health benefits for pastors. The pension apportionment pays 50% of the cost of the coverage for each full time pastor appointed to one of our churches, while the reminder of the cost is paid by the church and the pastor.



Come to Relax + Get Fit

Gentle Yoga for People Living with MS & Their Caregivers
(learn at your own pace)

(**Gentle Yoga**) is designed to ease patients back into activity with range-of-motion, balance and stability exercises. These classes are appropriate for patients using wheelchair, walkers, canes and any adaptive devices. The use of movement and breath will help increase muscle tone, improve balance, coordination and overall body control.

Cheryl Alexander, Instructor 210-883-8234

Weekly on Wednesday Afternoons - 1:15 - 2:30 PM (No cost) St. Mark's United Methodist Church - Fellowship Hall

Upcoming Altar Flower Opportunities

May 17	1 Opening	
June 7	1 Opening	
June 14	1 Opening	
July 5	2 Openings	
July 12	1 Opening	
July 19	2 Openings	
July 26	1 Opening	





From Our Pastor ...

"May you always be joyful in your union with the Lord. I say it again: Rejoice!" As I prepared to write this month's newsletter, my attention focused on this saying from Philippians 4:4 from the apostle Paul, who wrote it from prison! Good advice for this Monday morning, or any day or time or circumstance. How can we not rejoice? We have been given the gift of life, of salvation, of a rela-

tionship with Jesus Christ and with each other. Times and circumstances come and go; changes for the better and for the worse appear unbidden and unlooked for; yet one thing remains the same today and every day forever: God is God, Jesus Christ is His Son and our Savior, and the Holy Spirit comes to us every moment offering us peace, power, pardon and protection. Again, how can we not rejoice, knowing all these things?

We are in the season of Easter. All around us are signs of Jesus' resurrection and our own. We've had life giving rain; everything is green and growing. Yes, spring will give way to summer, with it's heat and dry conditions but we focus on today and are heartened and gladdened by Paul's reminder to rejoice in the Lord. Summer will give way to autumn and autumn will usher in winter and life will go on; seasons change but one thing remains the same: God is God, Jesus Christ is Lord, the Holy Spirit moves among us enabling life and love to be experienced and expressed. Rejoice!

So, if you are troubled today, count your blessings and rejoice in the power and presence of the Lord! If you are peace and all is well, give thanks and rejoice in the Lord! "May you always be joyful in your union with the Lord. I say it again: Rejoice!" Happy Easter! God bless you,

Jay

May 2015									
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
	S M T 5 6 7 12 13 11 19 20 2 26 27 2	1 2 3 4 7 8 9 10 11 4 15 16 17 18 1 22 23 24 25 21 22	Jun 2015 T W T F S 2 3 4 5 6 9 10 11 12 13 16 17 18 19 20 23 24 25 26 27 30		6:00 PM Texas Tig ers (Gym) OFFICE CLOSED	8:00 AM Saturday Morning Reunion 9:00 AMESL (LL)			
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Wesley Nurse News - April 2015





May is Arthritis Awareness Month

Arthritis affects millions of Americans each year and can be very debilitating. There are different types of arthritis:

- Osteoarthritis also known as Degenerative Joint Disease is the most common type of arthritis, affecting approximately 27 million Americans.
- Rheumatoid Arthritis is a disease of the immune system. This type of arthritis causes the immune system to mistakenly attack healthy cells. It affects approximately 1.5 million Americans.
- Fibromyalgia is a condition, not a disease that causes widespread chronic pain, fatigue, memory problems and mood changes. It affects up to 4 percent of the U.S. population and affects women more than men.
- Gout a form of an inflammatory arthritis. It develops in some people who have high levels of uric acids in the blood, causing cause sudden, severe episodes of pain, tenderness, redness, warmth and swelling.

Arthritis can lead to other health conditions like depression, diabetes, heart disease, insomnia, and obesity. What can you do to ease arthritic pain?

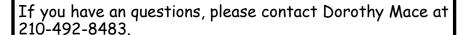
- ◆ Reduce stress stress makes arthritic pain worse. List the stressors in your life, then work on the ones you can control.
- Simplify housework spare your joints by being more efficient when doing housework.
- Get organized.
- ◆ Anticipate pain it is easier to treat pain before it starts.
- Be creative with exercise opt for exercises that have low impact on the joints.

For more information, please see the Arthritis Foundation's website: http://www.arthritistoday.org/about-arthritis/; National Institute on Aging's Age Page: "Arthritis Advice" - http://www.nia.nih.gov/health/publication/arthritis-advice; or contact the Wesley Nurse for additional information at 210-344-8393.

Charzes Flowers, WN 210-344-8393

Attention High School Seniors and College/Technical School Students!

St. Mark's United Methodist Women will be awarding two scholarships this year. These scholarships will be awarded to members of our church who will be either a graduation senior or to someone who is currently enrolled in college or technical training school. Applications are available in the church office. The applications must be completed and turned in to the church office by May 10, 2015.









Well, this year's Easter Egg Hunt has come and gone but there was a good time had by all. The weather was great, after several days of sweltering humidity and high temperatures we had cool breezes and threats of rain. This year there were so many volunteer helpers that we sat two to three to a table - if only that happened every year!

The children showed up, about 60 of them, and they went right to making all the Easter crafts they could get done in the time limit. This year we stepped into the past and had a "tree" where the children could hang some of the crafts to be enjoyed Sunday morning by all who attended the different services.

Entertainment this year was provided by Patti Gardner, Billy Kiesel and Jay Brown with special guest, Matt Harpman, on the harmonica. I would like to go on record saying that harmonica was rocking.

A short skit was performed by Helen Brock and Susan Philbin about the meaning of Easter and a gasp was heard through the crowd and a simple piece of paper was turning into a cross. The eggs were hidden and searched for and devoured. I believe that this year's hunt was a great success.

Christ is Risen, Risen Indeed!

Please remember our food pantry each week when you do your grocery shopping!

1st Sunday: A can of vegetables

2nd Sunday: 1 pound bag of rice or beans

3rd Sunday: A can of meat (chicken, tuna, spam)

4th Sunday: A can of Spaghetti Sauce

5th Sunday: Surprise us!!!



YOUTH & CHILDREN'S MINISTRY

IS GETTING READY TO HIT OUR COMMUNITY!!!

This is an exciting time to be involved at St. Mark's UMC! Looking around our neighborhood and exploring the different schools and 'hang out' places for youth and children in our mission field has been awesome. We have been busy bees preparing our facilities for youth and children's ministry with volunteer youth from our sister church's "As You Are" Youth Ministries (AYA) at Jefferson UMC.



The Lord has blessed us with these hands to help clean, dust, mop and scrub the game and hang out areas in the gym; and even cleaned the shower stalls to help prepare for our impromptu youth lock-in, where several youth from our neighborhood were invited to interact, share in a devotional and play basketball for as long as they could. They also helped create a new multi-purpose office space in

Lovely Lane where youth and children can meet and fellowship at times that our gym is being used or when they need a more intimate setting. Not only have the AYA youth helped with preparing space, but they have agreed to be connectional with St. Mark's UMC and help jump start our efforts to reach out to youth in our community and create an inviting, welcoming, and connectional youth ministry here in our own backyard. AYA has a warm reputation of being a diverse open doors connectional mission-based youth group serving multiple churches and service programs within our Rio Texas Annual Conference. We are so blessed that one of the AYA youth members has found a happy home here at St. Mark's - welcome Jacob Johnson!!! So please thank the youth from AYA for all their hard work and helping hands when you see them around campus.

Middle School and High School aged Youth are invited to participate in Confirmation Classes May 8th,9th, and 10th here at St. Mark's UMC and a Confirmation Retreat May 15th-17th (out of town location to be announced). This is a joint confirmation class (with multiple churches), so if you know of a youth who would be interested in attending, please let us know and we will gladly welcome them. Youth who are not from St. Mark's UMC are welcome to join us here for their confirmation ceremony or they can return to their home church for their confirmation ceremony.

Children's ministry is making plans to take off with summer time family events, Vacation Bible School, Sunday Kid's time, and connectional outreach within our community and our forum. A "CREATIVE

TEAM" made up of people who would like to volunteer with children and youth ministry and their events is being formed to help shape the ministries and encourage forward movement and growth. Our first CREATIVE TEAM meeting is Sunday, April 26th right after church....If you are interested in getting involved or supporting these ministries, please come to the meeting or contact our new Director of Youth &



Children's Ministries Janie Rose Alejandro at (210) 849-4912 – feel free to call or text, whichever you are comfortable with...Thank you so much and we hope to hear from you!

NOTES AND NOTICES

Welcome to our newest member -

Jacob Johnson

We are so glad you have chosen to worship with us!!



A special "thank you" to each of you who participated in the Prayer Vigil. We will probably never know all of the benefits that prayer does for our church, but I am confident that without it we would quickly feel its need. Seventy four of you were active participants, there were five who called in sick, two were "no shows" and two were scheduled to pray at home. When we make that extra effort to set aside time from our busy schedules to lift our church and our needs to our Lord, I know He is listening and will answer. Again I say "thank you" and blessing to each of you!

Imogene

Thank you to all the many volunteers that helped at last month's food truck! We served 185 families.

SPOTLIGHT: One of the recipients, an elderly lady on social security, unexpectedly got custody of two teenage boys (grandchildren). She has told me she had forgotten how much

teenagers eat! The food truck has been a real blessing to her

EAR .



because she is on a small social security pension and now has two hungry boys to raise. This is a good example of the help we provide. Thank you all!!!!

Patti Austin

The Wednesday Lunch Bible Study will start back on Wednesday, May 6th through Wednesday, June 10th. As we continue our progression through the books of the Bible, we find ourselves in Ezekiel and Daniel.

"The Book of Ezekiel tells the story of a priest, prophet, and street preacher called by God to address both the personal and social crises of this community. A large part of that message recounts the many ways in which people sinned against God and were led astray by various leaders. After years in exile, the people finally heard from God through Ezekiel, whose ultimate message of hope and restoration gave them confidence in the future.

The Book of Daniel is much more personal and intimate. Daniel highlights a pervasive theme in Israel's history: Humankind's power is no match for God's power. That we find ourselves in intimidating external circumstances does not mean we must abandon our belief in God and forgo a living faith. Daniel's life experience provides lessons in how to live with these tensions and how to be true to self and God while serving those in power over us."

Come Study with us!!!



It's hard to believe, but ready or not, here comes summertime. That means hot days, cold watermelon, and VACATION BIBLE SCHOOL!!!!

St Mark's team of dedicated volunteers works hard each year, sharing their various gifts and generous hearts to bring this ministry to life and are ready to do it again. Our next meeting is Tuesday, May 12 at 6:00 PM. We hope to see both familiar and new faces there, eager for this awesome opportunity to spread the love of Jesus to children and youth. Please join us as we plan for the week of June 22 - 26!

Praise God from whom all blessings flow.

Melinda Molina

Easter morning broke cool and crisp. The youth arrived in their Easter attire by 6:30 AM ready to practice one last time.

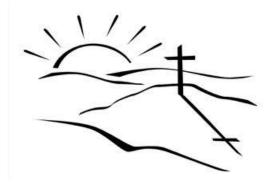
The service opened with the song "Morning Has Broken" played by Cat Stevens on a recording and beautifully signed by Brianne Somerville.

An Easter poem was read and a skit performed. The skit was about the women who returned to the tomb to cleanse Jesus' body and what they found.

Easter scripture was offered and received.

Thanks be to God for all the people who participated and attended this short but important service to the church.

A delicious pancake breakfast was offered to all immediately following the service by the New Beginnings Adult Sunday School class.



ST. MARK'S BUZZIN'S . . .



Please remember these in your prayers

Jill Anderson Connor Benjamin Kylee Brown Megan Brown Margaret Broxton Bill & Isabel Centeno Bucky Coley Esdras Cuervo Gladys Johnson Bea Kunkel Alice & Ben Logan Michael Mendoza Mendoza Family Charles Mixon Ann Payette Gloria Reedy Steve Reyes Sr. Ella Reyes

Mike Ross Will Schuetze Doris Sinclair Kirk Tomerlin Abraham Wamah Ovalle-Arvida-Morales-Hernandez families Roxanne Walker Jay Austin Sindy Payette Clay Laster Family Susan Thornton Family Louise Chaffin & Family James Bissett Family Herb Snook Landry Dollahite Kairos Torres #32 Lonnie Miller Family

Barbara Klauer
Gabe Ortiz
Baby Sage Black
Angie Erickson
Family of Louise Black
Dennis Mael
Ann Breed
Gene Orsack
Joshua



May 2 Louise Chaffin

May 4

Laurie Sprowl

May 7

Lynda Hubbard

May 9

Edythe McKeown

May 11 Lois Starr

May 12 Fran McMahon

May 13 Sue Horner

May 21 Mel Davison

May 24 Brandi Horner May 25

Jessica Black

May 27

Virginia Barlow Dennis Wilson

May 28 Jay Brown

May 30 Jazzmyn Lopez Melinda Molina



Our deepest Sympathies are extended to the family and friends of

James Bissett Eldora Carter Clay Laster Susan Thornton





Joe & Claire Cobb

May 5

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Current Resident Or:

CHRISTIAN DISCIPLES

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AND TO ENCOURAGE ALL TO LIVE IN THE WORLD AS INDIVIDUALS AND GROUPS IN OUR COMMUNITY

TO STRIVE TO IDENTIFY AND SERVE THE NEEDS OF YOUTS ONA , 91HS

THROUGH OPPORTUNITIES FOR FELLOWSHIP, WOR-

TO NURTURE THEM IN THE CHRISTIAN FAITH SON, JESUS CHRIST

PERSONAL RELATIONSHIP WITH GOD THROUGH HIS TO HELP ALL PERSONS DEVELOP AND STRENGTHEN A

MISSION STATEMENT

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:9tisd9W

OFFICE HOURS

MESLEY NURSE

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<u>stmarkspastor@grandecom.net</u>

PHONE (210)344-8393 FAX (210)344-8397

CLOSED on Friday 9:00 am-4:00 p.m. Monday—Thursday

Charzes Flowers

Johnny Mendoza **CUSTODIAN**

Joseph Scutti ORGANIST

Carolyn Hahn CHOIR DIRECTOR

Patti Gardner **SECRETARY**

Rev. Jay Brown **AOTZA9**