# MESSENGER

November 2013 Volume 14, Issue 11



#### Things to Remember!

- † Sunday, November 3rd, All Saints Day
- Commitment Sunday and
   Celebration Luncheon Sunday, November 11th
- † Sunday, November 17th -Food Drive
- † Holiday Schedule for FOOD TRUCK - FRIDAY, NOVEMBER 22 & THURSDAY, DECEMBER 26
- Monday, November 25, Decorate for Christmas!
- † Thursday, November 28th—Happy Thanksgiving!
- Praise and Communion Bi-Cultural Worship Service Wednesdays @ 7:00 pm (FH)

## **COMMITMENT SUNDAY - November 10, 2013**

As we consider our commitment to St. Mark's we will consecrate our financial gifts during worship by bringing our Commitment Cards.

After worship we will have our Celebration Luncheon in Highsmith Center, our gym. Brisket, bread, drinks, and dessert will be provided. You are asked to bring dishes of your choice of salad and/or vegetable.

Reservation cards for the luncheon will be available on the two preceding Sundays – October 27, 2013 and November 3, 2013, or you may call the church at 210-344-8393.

Our Prayer Vigil will be November 9, 2013. Your faithful prayers continue to help St. Mark's enrich our spiritual growth.

State of the Church

Note from the Pastor

UMW

Food Drive

Calendar

Stewardship





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## STATE OF THE CHURCH

#### **ATTENDANCE**

Sunday School	10/6	10/13	10/20	10/27
Children	4	3	3	4
Youth	6	5	7	11
Adults	45	37	46	34
Total SS	55	45	56	49
<u>Worship</u>	112	99	126	100

#### **GREETERS**

- † Diane Haag
- † Susan Philbin

#### TAPE MINISTRY

† Daniel Wilke

### <u>USHERS</u>

- † Bob Bailly
- † Jeff Brown
- † Tom Jack
- † Bob Mace



## Finance Committee Reflections: Sounds From the Bean Counters

We are finally in the time of year where San Antonio is most pleasant. Cool mornings, occasional rain, and just enjoyable days. Add to that the beauty of the "Pumpkin Patch".

Our contributions in September were approximately \$2,000 higher than budgeted and \$3,000 greater than last year. Year-to-date, we are almost \$1,000 higher than 2012 year-to-date while trailing the budget by approximately \$2,700.

Operating expenses in September were \$10,600 higher than 2012 and \$5,700 greater than budgeted. For the month, \$8,500 of the favorable variance was the result of higher Mission Giving payments. Compared to the budget, Mission Giving expense was higher by \$6,700. While there were variances in other categories, Mission Giving accounted for the majority of the variance. Year-to-date September operating expenses were nearly \$11,000 higher than 2012. Compared to the budget, operating expenses are favorable by \$13,000, primarily the result of lower spending in the Trustee, Pastor Compensation and Lay Personnel categories. For the month, we had a cash outflow of \$7,200 and a year-to-date outflow of approximately \$13,000. This is primarily the result of apportion-ment payments of \$10,400 in September. Our apportionment payments are \$600 higher than the year-to-date budget.

Our operating cash balance is \$6,441. This represents an increase of \$5,000 versus the end of August. The significant apportionment payment and the cash increase were possible due to repayment of monies invested in the Day Care which were reimbursed after the closing.

In September, we celebrated our 60th anniversary. Expenses relating to the event were approximately \$1,400. Monies contributed and designated for the anniversary were almost \$1,200.

As always, we thank each of you for the financial support you provide to St. Mark's. Bless you all!

## UMW Happenings...

*Esther Circle* will meet Wednesday, November 6th at the home of Imogene Brown.

Martha Circle will meet November 19th.

**Dorcas Circle** will meet Wednesday, November 20th at The Meadows at 9:30 AM, meeting at the church at 9:00 AM for those who wish to carpool. Gae Bjork (Frankie Armstrong's daughter) will provide the program, "Bumps In the Road". Come join us!

#### ALL LADIES OF ST. MARK'S

The United Methodist Women of St. Mark's will be hosting a Christmas Brunch on Saturday, December 7, 2013 for ALL of the St. Mark's ladies. Everyone is invited for a Christmas devotional and a Games Party. We will be playing Bunco and if you do not know how to play, a number of our ladies will be glad to teach you. Put it on your calendar and plan to spend this special day together.

We will look forward to seeing you on the 7th!!

## FOOD DRIVE, NOVEMBER 17

Please mark your calendar for Sunday, November 17 as the next St. Mark's Food Drive to restock our inhouse Food Pantry. Your canned and packaged food are always welcome and can be distributed immediately as neighbors and passersby come to the church for assistance. However, we can now purchase food from the San Antonio Food Bank and stretch our dollars to buy even more food than we or you can at the

grocery store for the same amount of money. If you would like to help your neighbors in need, please bring your food and cash donations to church on November 17 and place these "offerings" on the altar. Specific items needed at this time include box milk; individual boxes of cereal; canned meat, Spam, chicken, tuna; individual and canned fruit, applesauce; pull-top chili, stew, ravioli, chunky soup; Saltines; 12 oz drinks; jelly; macaroni & cheese; 18 oz and smaller peanut butter; spaghetti noodles; dry pasta; 8 oz and smaller syrups.

Thanks for caring!



Anyone interested in an Adult Bible Study Class and Fellowship is invited to the YAMS (Young Adult Marrieds & Singles) Sunday School Class. We meet in the side room of the Fellowship Hall at 9:15 a.m. each Sunday and welcome you to share our study, faith and witness. We will be serving the Pot Luck Dinner for the entire congregation on Sunday, November 10th --------Come join us and get acquainted as we share Christ's love with each other.

Blessings, Imogene





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Joanne and Imogene



up to date, budget strong, bills being paid, and strong worship attendance with visitors, diversity and joyful praise; thank you, Jesus! This abundance is being experienced in other ways also. One way is

This abundance is being experienced in other ways also. One way is that we are starting another Sunday school class on November 3<sup>rd</sup>,

I hope that everyone is enjoying these cool and (sometimes) crisp Fall mornings! We have had good rains, and cooler temps and enjoyed the festive atmosphere of the Pumpkin Patch and all its orange glory. Fall is the season associated with harvest and abundance; we certainly are experiencing this at St Mark's! Our apportionments are

the first Sunday in November. We are calling it "Companeros de Cristo" (Companions in Christ) and it is being started for those who are not currently connected to another Sunday School class. Already, several have approached me with an interest in joining; all ages from young adult to my age (ancient) and with different levels of discipleship; little or no background in Bible study or formal class participation are being invited. With this in mind, I'm going to use a brief devotional study as our text; probably The Upper Room devotional for the day. This would involve a brief reading of the topic and then discussion of the text. The group will meet in one of the rooms over in the former Learning Center, which is named Lovely Lane. The name, "Companeros de Cristo" is not intended to suggest that the class will be Spanish speaking; it is intended for everyone. It is so named to invoke the reality of our desire to reach out into our neighborhood, which is bicultural and bilingual, as we seek to make disciples for Christ and the transformation of the world into His image.

So, if you have any interest in trying a new class; if it's been awhile since you've been in Sunday school or if you've never been involved in a formal class or Bible Study . . . why not give us a try? It's gonna be very user friendly, casual, informal . . . and very spirit-filled and meaningful. I'm teaching it and I look forward to our newest addition to the already existing and excellent classes we already offer. If you have any questions, give me a call and let's continue on our spiritual journey together! I praise God for allowing me to be your Pastor and friend; until we meet again, Dios le bendiga, may God bless you!



Angel Tree names will be available the Sunday after Thanksgiving.

Jay

Gifts must be returned to the tree no later than December 15<sup>th</sup>.

Monthly Planner

S un day	Monday	Tuesday	W ednes day	Thursday	Friday	Saturday
6 13 20	October           M         T         W         T         F         S           1         2         3         4         2           7         8         9         10         11         1           14         15         16         17         18         1           21         22         23         24         25         2           28         29         30         31	9	De cember           S         M         T         W         T         F           1         2         3         4         5         6           8         9         10         11         12         1           15         16         17         18         19         2           22         23         24         25         26         2           29         30         31         1         1	6 7 3 14 0 21	I -OFFICE CLOSED- 4:00 PM Tx Tigers (HC)	2 All Saints Day 8:00 AM Saturd ay Moming Reunion 8:00 AM - 3:00 PM Kairos Outside (FH)
3 All Saints Day 9:15 AM Sunday School 10:30 AM Worship	4 10:00 A M Exercise (FH) 1:00 PM Staff Meetin g 4:00 PM Tx Tigers (HC)	5 6:30 AM Met hodist Men@ Cracker Barrel 9:30 AM Drive thru P raye 10:00 AM Exercise (FH) 4:00 PM Tx Tigers (HC)	4:00 PM Tx Tigers (HC)	7 10:00 A M Exercise (FH) 2:00 PM MHC (FH) 4:00 PM Tx Tigers (HC) 7:00 PM Choir Pradice 7:30 PM Boy Scouts (SH)	8 -OFFICE CLOSED- HC RESERVED	9 HC RESERVED 7:00 AM - 7:00 PM Praye Vigi 8:00 AM Saturd ay Moming Reunion 2:00 PM Gabby-Baby Shower (F H)
10 Commitment Sunday Dinner 9:15 AM Sunday School 10:30 AM Worship	11 10:00 A M Exercise (FH) 1:00 PM Staff Meetin g 4:00 PM Tx Tigers (HC)	12 6:30 AM Methodist Men@ Cracker Barrel 9:30 AM Drive thru Praye 10:00 AM Exercise (FH) 4:00 PM Tx Tigers (HC) 6:00 PM Torres (FH)	4:00 PM Tx Tigers (HC)	14 10:00 A M Exercise (FH) 2:00 PM MHC (FH) 4:00 PM Tx Tigers (HC) 7:00 PM Choir Pradice 7:00 PM Trustees Mtg (FH) 7:30 PM Boy Scouts (SH)	15 -OFFICE CLOSED- 4:00 PM Tx Tigers (HC)	16 8:00 AM Saturd ay Moming Reunion
<ul> <li>17</li> <li>Fo od Drive for Pantry</li> <li>9:15 AM Sunday</li> <li>School</li> <li>10:30 AM</li> <li>Worship</li> <li>3:00 PM Church</li> <li>Conference</li> </ul>	18 10:00 AM Exercise (FH) 10:00 AM Newsletter Deadline 1:00 PM Staff Meetin g 4:00 PM Tx Tigers (HC) 6:00 PM Finance Mtg (FH) 6:30 PM Admin Council (FH)	Men@ Cracker Barrel 9:00 AM Patti-Vouch ens 9:30 AM Drive thru Praye 10:00 AM Exercise (FH)	r (LL - #2) 1:00 PM MSYoga (FH)	27 9:00 AM NL Mail-out 10:00 A M Exercise (FH) 2:00 PM MHC (FH) 4:00 PM Tx Tigers (HC) 7:00 PM Choir Practice 7:30 PM Boy Scouts (SH)	8:00 AM WN Team Mtg (FH)	23 8:00 AM Saturd ay Moming Reunion
24 9:15 AM Sunday School 10:30 AM Worship	25 Decorate for Christmas 10:00 A M Exercise (FH) 4:00 PM Tx Tigers (HC)	10:00 AM Exercise (FH)	27 4:00 PM Tx Tigers (HC) 7:00 PM Praise/ BiCultural Service	28 THANKSGIVING	29 -OFFICE CLOSED- 4:00 PM Tx Tigers (HC)	30 8:00 AM Saturd ay Moming Reunion 1:00 PM Leija Baby Shower (FH)

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## STEWARDSHIP: 250 Retired Pastors 153 Surviving Spouses

They gave their lives in ministry to the churches of the Southwest Texas Conference. Now it is time for the Southwest Texas Conference Churches to give back to their support.

A retired pastor with 30 years of service to the church prior to 1982 has a pension in 2009 of \$17,700 and a surviving spouse a pension of \$12,390.

As a church we did not put aside money to pay that expense while they served. Not having done so, we must pay about \$1 million dollars each year to fund their basic pension benefit. Much of that comes from gifts to the pension crusade, but there is still an unmet gap. The gap is paid through the pension apportionment.

It will be the middle of this century before this responsibility ends.

The apportionment also goes to subsidize current health benefits for pastors. The pension apportionment pays 1/2 of the cost of the coverage for each full time pastor appointed to one of our churches. The remainder of the cost is paid by the church and the pastor.

The health benefit plan itself is a self-funded plan sponsored by the board of pensions and made available not only to pastors, but to lay employees of churches which elect to participate. In 2009 the lay benefit plan has been completely restructured in order to make it more competitive with plans that are offered on the marketplace. Business manager Rick Dyke from First Church San Angelo recently said that the restructuring was a major benefit to First UMC and to its lay employees. It provided better benefits than they were able to secure on the marketplace at a lower cost.

The Pension Apportionment takes care of those who care for the church!



The St. Mark's Youth continue to sell beautiful wall calendars, pocket calendars and Christmas Cards! These calendars make lovely small Christmas gifts for friends and family. Please support our youth and consider a calendar for your home or office or as a gift to remind you and your friends of God's beautiful creation.

All items are \$6. Check with any of the youth or Susan Philbin for details.

Thank you for your support!





od grant me Serenity to accept the things

I cannot change, Courage to change the things I can, and the wisdom to know the difference.

Living one day at a time; Enjoying one moment at a time; Accepting hardship as the pathway to peace.

Taking, as He did, this sinful world as it is, not as I would have it;

Trusting that He will make all things right if I surrender to His will;

That I may be reasonably happy in this life, And supremely happy with Him forever in the next. – Reinhold Niebuhr In our Wednesday lunch time Bible Study, we were recently discussing the fact that the Serenity Prayer had more words than many of us were aware! So, for those of you who are interested, here is the Serenity Prayer in its entirety.

Our Wednesday Night Praise and Bi-Cultural Communion Service is celebrating our first year anniversary on Wednesday, November 6th! This is an informal worship service where we sing praises, pray together, hear the Word and share in Holy Communion.

Praise, Pray, Worship

Share!



St. Mark's UMC - In Mission...

## **ADIOS PUMPKIN PATCH**



We enjoyed the Pumpkin Patch for 25 days. It was fun watching the kids and visiting with church and neighborhood friends. And, of course, by Thanksgiving, the Patch will once again be a distant memory.

All of you contributed in so many different ways. It really doesn't matter if you repaired the lights, set up the canopy and lights, donated pallets, unloaded pallets, hay and pump-

kins, organized the unloading, decorated the Patch, prepared food for all the folks unloading pumpkins, scheduled the workers, washed little pumpkins for story time kids, stuffed the goody bags for the kids, scheduled schools for story time, read stories, delivered prayer requests served



as prayer warriors, worked in the patch, dried pumpkins, rolled pumpkins, hauled off rotting pumpkins, covered and uncovered the hay, donated candy, took pictures of kids in the Patch, counted money each day, helped remove hay and pallets and assisted in taking everything down. Also, many thanks to the anonymous donor who made it possible for children at story time to receive a pumpkin. Each job was appreciated and we could not have made it all work if it had not been for the help of each of you. And, you did it all with smiles. St. Mark's is truly blessed to have each of you. THANK YOU SO MUCH!!!



A very special thank you to Lynda Swatzell for taking over as Finance Chairman and Susan Philbin, aka Penelope Pumpkin, for taking over for Fran McMahon, aka Priscilla Pumpkin. And, last but not least, a loud shout out to Mary Parramore and Johnny Mendoza for their endless assistance each and every day. Y'all are the greatest!

#### FOOD DRIVE NOVEMBER 17th



Please mark your calendar for Sunday, November 17 as the next St. Mark's Food Drive to restock our in-house Food Pantry. Your canned and packaged

food are always welcome and can be distributed immediately as neighbors and passersby come to the church for assistance. However, we can now purchase food from the San Antonio Food Bank and stretch our dollars to buy even more food than we or you can at the grocery store for the same amount of money. If you would like to help your neighbors in need, please bring your food and cash donations to church on November 17 and place these "offerings" on the altar. Specific items needed at this time include box milk; individual boxes of cereal; canned meat, Spam, chicken, tuna; individual and canned fruit, applesauce; pull-top chili, stew, ravioli, chunky soup; Saltines; 12 oz drinks; jelly; macaroni & cheese; 18 oz and smaller peanut butter; spaghetti noodles; dry pasta; 8 oz and smaller syrups.

Thanks for caring!

# From the Wesley Nurse



What is a superfood?

Superfoods are foods that have a lot of nutritional value and contain *vitamins, minerals, antioxidants, and phytonutrients.* These help boost your immune system and keep your body strong. Antioxidants, or cancer-fighters, help to protect your cells from cancer and other diseases. Phytonutrients can help build a strong immune system, which helps fight diseases.

When superfoods are in season, they have great flavor, texture and nutritional content.

Here is a list of autumn's superfoods:

- **Apples:** High in fiber, especially the skin. High in vitamin A, which keeps vision healthy and protects skin. High in vitamin C, which helps boost the immune system.
- **Red Bell Peppers:** High in vitamin C. High in potassium, which helps boost energy and strength. High in vitamin A.
- **Pears:** High in fiber, especially in the skin. High in vitamin C. Loaded with water.
- **Grapefruit:** Half a fruit = 75% daily intake of vitamin C. Can help boost metabolism.
- **Blueberries:** High in antioxidants. Help keep brains smart and memories sharp.
- **Pumpkin:** High in fiber. High in vitamin A.
- **Persimmon:** High in vitamin C. Good source of manganese, potassium and calcium.
- **Pomegranates:** High in antioxidants. High in fiber, potassium and vitamin C. Helps keep hearts healthy and helps fight against heart disease.
- **Beets:** High in folate, which helps red blood cell growth.
- Brussel Sprouts: High in fiber, folate and vitamin C.
- **Sweet Potato:** High in antioxidants. High in potassium, vitamin C and fiber.
- **Cranberries:** High in antioxidants, and phytonutrients. High in content of fiber and water, which helps digestive health. High in vitamin C.
- **Spinach:** High in vitamin C, folate and magnesium. High in vitamin B2, which helps the im mune system. The zinc in spinach helps prevent cancer and infection.

Linda

### A Story of God's Grace

There once was a man named George Thomas, pastor bars persuaded the birds out, setting them free. Well, in a small New England town. One Easter Sunday morning he came to the Church carrying a rusty, bent, old bird cage, and set it by the pulpit. Eyebrows were raised and, as if in response, Pastor Thomas began to speak....

"I was walking through town yesterday when I saw a young boy coming toward me swinging this bird cage. On the bottom of the cage were three little wild birds, shivering with cold and fright. I stopped the lad and asked, "What do you have there, son?"

"Just some old birds," came the reply.

"What are you going to do with them?" I asked.

"Take 'em home and have fun with 'em," he answered. "I'm gonna tease 'em and pull out their feathers to make 'em fight. I'm gonna have a real good time."

"But you'll get tired of those birds sooner or later. What will you do then?

"Oh, I got some cats," said the little boy. "They like birds. I'll take 'em to them."

The pastor was silent for a moment. "How much do you want for those birds, son?"

"Huh?? !!! Why, you don't want them birds, mister.

They're just plain old field birds. They don't sing. They ain't even pretty!"

"How much?" the pastor asked again.

The boy sized up the pastor as if he were crazy and said, "\$10.00?"

The pastor reached in his pocket and took out a ten dollar bill. He placed it in the boy's hand. In a flash, the boy was gone. The pastor picked up the cage and gently carried it to the end of the alley where there was a tree and a grassy spot. Setting the cage down, he opened the door, and by softly tapping the

that explained the empty bird cage on the pulpit, and then the pastor began to tell this story:

One day Satan and Jesus were having a conversation. Satan had just come from the Garden of Eden, and he was gloating and boasting. "Yes, sir, I just caught a world full of people down there. Set me a trap, used bait I knew they couldn't resist. Got 'em all!"

"What are you going to do with them?" Jesus asked.

Satan replied, "Oh, I'm gonna have fun! I'm gonna teach them how to marry and divorce each other, how to hate and abuse each other, how to drink and smoke and curse. I'm gonna teach them how to kill each other. I'm really gonna have fun!"

"And what will you do when you are done with them?"Jesus asked. "Oh, I'll kill 'em," Satan glared proudly.

"How much do you want for them?" Jesus asked.

"Oh, you don't want those people. They ain't no good. Why, you'll take them and they'll just hate you. They'll spit on you, curse you and kill you... You don't want those people!!"

"How much? He asked again.

Satan looked at Jesus and sneered, "All your blood, tears and your life."

Jesus said, "DONE!" Then He paid the price.

The pastor picked up the cage and walked from the pulpit.



## **ST. MARK'S BUZZIN'S**

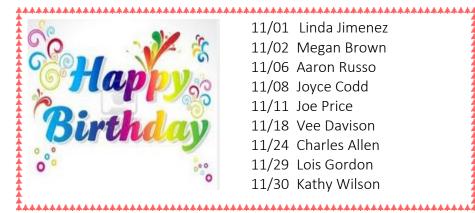
Jill Anderson Kylee Brown Megan Brown Margaret Broxton Bill & Isabel Centeno Bucky Coley Esdras Cuervo **Gladys** Johnson Mary Krwawicz Bee Kunkel Clay Laster Alice & Ben Logan Michael Mendoza Charles Mixon

Gloria Reedy Cheryl Owens Steve Reves, Sr. Mike Ross Ed & Helen Setterfield Will Schuetze Kirk Tomerlin Abraham Wamah Steve Woods Steve Reyes Pat Downey Doris Sinclair Sharon McLaughin The Mendoza Family Eliot Edwards Ida Bejaran Joyce Smith Ann Payette Marleigh Linnartz Jeffrey Shane Gene Pitman Veronica Furlough Melissa Garza Roger Moore Carolyn Hahn Connie Wills Diana Russo & family Chris Baird



PRAYER REQUESTS

Lee Rux The Northcut family Lynn Mullican and family Margery Green

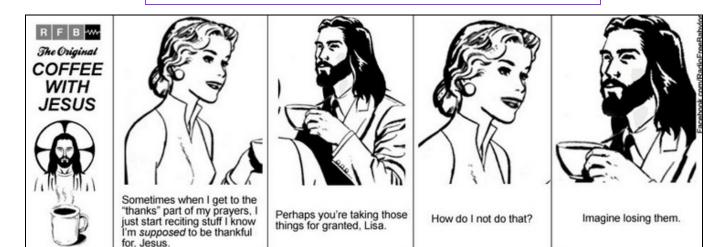


11/01 Linda Jimenez 11/02 Megan Brown 11/06 Aaron Russo 11/08 Joyce Codd 11/11 Joe Price 11/18 Vee Davison 11/24 Charles Allen 11/29 Lois Gordon 11/30 Kathy Wilson

As many of you know, the Mixon's are in the process of relocating to Grand Prairie, TX. We wish them all the best and will miss them greatly! Their new address is:

Charles & Veleta Mixon 7219 Tolosa Grand Prairie, TX 75054 (682)222-7414





#### YOUR CHURCH STAFF

Sputture Carlos	<u>stmarkspastor@grandecom.net</u> linda.jimenez@mhm.org	
2900 St 700		em∃
(210) 344-8397		.XA7
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Rev. Jay Brown	гов.	lSAq

Website: www.stmarksumcsa.com



- TO HELP ALL PERSONS DEVELOP AND STRENGTHEN A PERSONAL RELATIONSHIP WITH GOD THROUGH HIS SON, JESUS CHRIST
- TO NURTURE THEM IN THE CHRISTIAN FAITH THROUGH
   OPPORTUNITIES FOR FELLOWSHIP, WORSHIP, AND STUDY
- TO STRIVE TO IDENTIFY AND SERVE THE NEEDS OF INDIVIDUALS AND GROUPS IN OUR COMMUNITY
- AND TO ENCOURAGE ALL TO LIVE IN THE WORLD AS CHRISTIAN DISCIPLES

St. Mark's United Methodist Church 1902 Vance Jackson – San Antonio, Texas 78213-4455 (210) 344-8393 stmarksumc@grandecom.net

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