



Messenger

St. Mark's United Methodist Church

1902 Vance Jackson San Antonio, TX 78213
210-344-8393

Things to Remember:

- † Children's Church, Sunday
Sep 9 @ 10:45 am
- † Staff Meeting, Monday
Sep 10 @ 1:00 p.m.
- † Trustee's Meeting, Thursday
Sep 13 @ 7:00 pm
- † Children's Message, Sunday
Sep 16 @ 10:45 am
- † Finance Meeting, Monday
Sep 17 @ 6:30 p.m.
- † Admin Council, Monday
Sep 17 @ 7:00 pm
- † Children's Church, Sunday
Sep 23 @ 10:45 am
- † Children's Church, Sunday
Sep 30 @ 10:45 am
- † Praise & Bible Study every
Wednesday @ 6:30 pm

"Above all sing spiritually. Have an eye to God in every word you sing. Aim at pleasing Him more than yourself, or any other creature."

~ John Wesley

Grandparents Day is celebrated in the United States annually **in September on the first Sunday after Labor Day** and is rooted in the innovative work of two committed and passionate pioneers: Jacob Reingold and Marian McQuade.



During the 1961 White House Conference on Aging, Jacob Reingold of the Hebrew Home at Riverdale was inspired by a speech concerning the "new image of the aged," he focused on recognizing the role of millions of older Americans who are grandparents. That same year, on September 16, 1961, the first day specifically honoring grandparents was held at the Hebrew Home. By 1963, it became an official holiday in the borough of the Bronx, and on January 27, 1987 the Congressional Record affirmed Jacob Reingold's pioneering efforts to gain recognition for grandparents as well as a national day to celebrate them.

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Follow us on Facebook! <http://www.facebook.com/pages/St-Marks-United-Methodist-Church/217072428313881?ref=hl>

SERVE

| SUNDAY SCHOOL | 7/22/2018 | 7/29/2018 | 8/5/2018 | 8/12/2018 |
|-----------------|------------------|-------------|---------------|------------------|
| Youth | 3 | 4 | 3 | 5 |
| Adults | 14 | 14 | 15 | 19 |
| Total SS | 17 | 16 | 18 | 24 |
| WORSHIP | | | | |
| Sunday | 50 | 49 | 61 | 63 |
| Wednesday Night | <i>Suspended</i> | <i>will</i> | <i>resume</i> | <i>August 22</i> |



Kathy Jack, Sue Horner, Susan Philbin, Sharon Somerville



Altar Flower Calendar Openings

September 2 (1 opening) September 23 (2 openings)
 September 9 (1 opening) September 30 (1 opening)
 September 16 (2 openings) *Contact Joanne Green or Church Office*



September 9 - Deborah Molina
 September 23 - Melinda Molina
 September 30 - Lillian Herrera



September 2 **Susan Philbin**
September 9 **Cynthia Ramirez**
September 16 **John Williams**
September 23 **Leticia Mercado**
September 30 **Joanne Green**

With Your Help The United Methodist Church is Making a Difference

LOCAL CONGREGATION CONNECTS WITH LOCAL COMMUNITY ON A DEEPER LEVEL.

A priority for [Gouverneur First UMC](#) is growing disciples who are engaged in mission and outreach. They work on growing in mission and outreach by connecting their community and congregation ever more deeply, loving our neighbors with concrete, hands-on and face-to-face actions:

1. Every year, we host a “We’ve Got Your Back to School” event for families, offering backpacks, school supplies, and toiletries to students. We serve more than 100 students each year. We offer prayers for our families if they choose, and we invite them to connect with the life of the church.
2. Our “Friday Lunch” Program is entering its 20th year. Each Friday, we serve lunch at the church and deliver meals to area residents. Additionally, each Thanksgiving and Christmas, we serve more than 300 people with a hot dinner. This program was started after the ice storm in 1998. During that time of community crisis, First UMC realized there was a need to connect with folks that we could meet. Friday Lunch is thriving and growing still today.
3. Our “Rip It” exercise ministry started a few years ago and continues to grow. Several nights a week, a group gathers in our fellowship hall to participate in Zumba-like exercise programs. Many new faces have connected with our church for the first time because of this free fitness ministry. The Rip It ministry engages in mission giving, choosing different projects in the community to support with donations each month.

We have many worshipers at Gouverneur First UMC who are new to church, and just learning about what it means to be the hands and feet of Jesus in the world. To help connect some of these new folks to our outreach priority, we engaged in a “Mission Exposure” event in 2017. We had a group of about 25 take an overnight trip to Syracuse where we stayed at [The ROAD](#). We helped make and deliver sandwiches, learned about the work of The ROAD, and also spent some time volunteering at The Salvation Army. This quick 24-hour immersion experience was a great jumping-off point for exploring disciples. We also shared in a “Mission Extravaganza” night at the

church. We shared in a potluck meal, and then heard presentations from various people who had engaged in mission work: a couple who went on a medical mission to Cambodia, a young adult who attended a seminar on poverty at the General Board of Church and Society, and a report from those who took part in the Syracuse overnight.

We’re excited about how God is challenging us to grow in discipleship through serving others, and we’re continue to look for ways that we can engage in the work of justice in the world.

Rev. Dr. Elizabeth Quick,

Upper New York Annual Conference



One of seven apportioned giving opportunities of The United Methodist Church, the [World Service Fund](#) is the financial lifeline to a long list of Christian mission and ministry throughout the denomination. Through the Four Areas of Focus churches we are creating new places for new people and revitalizing existing congregations and seek to invite people to follow Jesus Christ and grow together as disciples on a lifelong journey.

www.umcgiving.org

I have set the Lord always
before me; Because He is
at my right hand I shall
not be moved.

- PSALM 16:8

Do not take your eyes off the Lord

Psalm 16:8-11 New International Version (NIV)

⁸ I keep my eyes always on the LORD. With him at my right hand, I will not be shaken. ⁹ Therefore my heart is glad and my tongue rejoices; my body also will rest secure, ¹⁰ because you will not abandon me to the realm of the dead, nor will you let your faithful one see decay. ¹¹ You make known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand.

This lovely song, Psalm 16 reminds me why I trust the Lord; He can keep me safe. I trust Him for He is almighty as to take refuge in Him. I can wait on the Lord. Regardless of what is going on around me or inside of me, He is beside me. My hope is in Him. So I keep my eyes on the Lord, from Him comes my deliverance.

My heart rejoices and I can rest secure. The Lord will not abandon you. We all are safe in His care. The Lord is the source of our happiness. He give us direction and set our feet in the path of life.” *“I will lift my eyes to the Maker of the mountains I can't climb. I will lift my eyes to the Calmer of the oceans raging wild. I will lift my eyes to the Healer of the hurt I hold inside. I will lift my eyes, lift my eyes to You” lyrics song “I Will Lift My Eyes” by songwriters JASON DAVID INGRAM, JEFFREY STEPHEN NORMAN.*

REV. MARIA SOTO PEACE TO YOU!

September 2018

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| 2 9:15 AM Sunday School 10:30 AM Worship 11:30 AM Choir Practice | 3 OFFICE CLOSED LABOR DAY HOLIDAY | 4 6:30 AM ROMEO's 10:00 AM Exercise (FH) 6:30 PM KAIROS Torres Council (FH) | 5 1:00 PM Food Pantry (FH) 6:30 PM Praise & Bible Study (FH) | 6 10:00 AM Exercise (FH) | 7 Office Closed | 8 8:00 AM Saturday Morning Reunion | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 9 9:15 AM Sunday School 10:30 AM Worship 10:45 AM Children's Church (CH) 11:30 AM Choir Practice | 10 10:00 AM Exercise (FH) 1:00 PM MS Yoga (FH) 1:00 PM Staff Meeting 7:00 PM Boy & Cub Scouts (SH) | 11 6:30 AM ROMEO's 9:30 AM District Strategic Team (FH) ▶ 10:00 AM Exercise (FH) 12:00 PM DS Meeting ▶ | 12 1:00 PM Food Pantry (FH) 6:30 PM Praise & Bible Study (FH) | 13 10:00 AM Exercise (FH) 7:00 PM Trustees (FH) | 14 Office Closed | 15 8:00 AM Saturday Morning Reunion 11:00 AM BBQ Fundraiser | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 16 9:15 AM Sunday School 10:30 AM Worship 10:45 AM Children's Message 11:30 AM Choir Practice | 17 10:00 AM Exercise (FH) 1:00 PM MS Yoga (FH) 6:30 PM Finance Meeting (FH) 7:00 PM Admin Council (FH) 7:00 PM Boy & Cub Scouts (SH) | 18 6:30 AM ROMEO's 10:00 AM Exercise (FH) | 19 1:00 PM Food Pantry (FH) 6:30 PM Praise & Bible Study (FH) | 20 10:00 AM Exercise (FH) 10:00 AM Newsletter Deadline 11:00 AM Nutritional Potluck (FH) | 21 Office Closed | 22 8:00 AM Saturday Morning Reunion | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 23 9:15 AM Sunday School 10:30 AM Worship 10:45 AM Children's Church (CH) 11:30 AM Choir Practice | 24 10:00 AM Exercise (FH) 1:00 PM MS Yoga (FH) 7:00 PM Boy & Cub Scouts (SH) | 25 6:30 AM ROMEO's 10:00 AM Exercise (FH) | 26 1:00 PM Food Pantry (FH) 6:30 PM Praise & Bible Study (FH) | 27 9:00 AM Newsletter Mailout (YAMS) 10:00 AM Exercise (FH) | 28 Office Closed | 29 8:00 AM Saturday Morning Reunion 9:00 AM SA Needlework Guild (FH) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 30 9:15 AM Sunday School 10:30 AM Worship 10:45 AM Children's Church (CH) 11:30 AM 5th Sunday Potluck 11:30 AM Choir Practice <i>Nbicy Offering</i> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

"LET THE LITTLE CHILDREN COME TO ME"

Children at St. Mark's UMC are very much a part of our worshipping community. Here are opportunities for age-appropriate worship, Bible lessons, activities, praise music, and fun!



CHILDREN'S CHURCH on the second, fourth and fifth Sundays of each month at 10:45 a.m.

CHILDREN'S MESSAGE on the third Sunday of each month during Sunday worship. All children are invited to the front of the sanctuary for a brief, simple message (or mini sermon) keeping our younger worshippers in mind.



Once again Arnold Elementary School will receive various school supplies and uniforms because of your kind and generous donations. Total monetary contributions came out to \$509, plus all the folders, crayons, pencils, erasers, composition books, notebook paper, Kleenex, spirals, glue, etc. Thanks to Rob Remig for making the trip to FALLAS to get the 16 gift cards for uniforms and to Pastor Soto for making a Walmart run to get additional supplies.

Although school has already started, there are students who need supplies and uniforms at the beginning, middle and end of the school year. Everything gets used and sometimes re-used. Teachers and administrators buy many things out of their own pockets so they are very appreciative of every single donation. A small portion of the monetary donations we received are held back to help as the needs arise.

Pray for the 2018-2019 school year and that God will bless all the students, parents, teachers, administrators, staff, cafeteria workers, security personnel, and custodial workers.

Gracias, St. Mark's UMC and thank you for supporting the School Supply Drive!

NOTES AND NOTICES

Don't forget our Food Pantry!

- ♥ Rice, Beans,
- ♥ Spaghetti, Pasta Sauce
- ♥ Macaroni & Cheese
- ♥ Cans of Tuna, Chicken, Spam
- ♥ Cans of Fruit
- ♥ Boxes or bags of Cereal
- ♥ Cans of Soup, Stew, Chili...
- ♥ Instant Mashed Potatoes
- ♥ Canned Vegetables
- ♥ Cooking Oil



*Noisy Offering the last
Sunday of every month!*



Lois Gordon
1811 Meadow Glen Lane
Winston, NC 27127

Patti Gardner
(will have a new address 9/1/18)



September 15

Bible Land Discovery

December 4-11, 2018
Join St. Mark's UMC with Patti Gardner

Currently there are 9 people going and expect 3 more to sign up in the next few days; possibly 4. Just 15 weeks before departure! Contact Patti for more information.

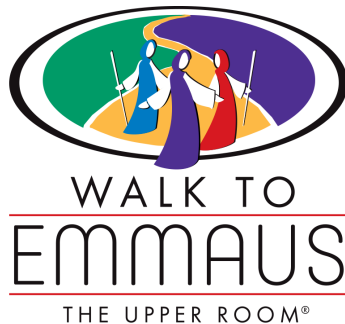


You may have noticed that the **San Antonio Needlework Guild** has been meeting at St. Mark's in the Fellowship Hall. They meet the 4th Tuesday of each month. We thought you might be curious about what is the San Antonio Needlework Guild (SANG). The members of SANG enjoy creating beautiful pieces of art with needles and threads. They meet each month to enjoy the fellowship of being together and sharing ideas and conversation. Each one works on their own pieces at their own pace. Sometimes several will be working with the same patterns and learning from each other. This is the 40th year that SANG has been active in San Antonio.

On Sunday, September 30th during the 5th Sunday Pot Luck dinner they will display many of the beautiful pieces that they have created. There will be many different needlework techniques on display. They hope that you will come and enjoy their work!

Diane Williams

Congratulations to Pastor Maria Soto for completing the Course of Study 2018 basic courses this summer at SMU Perkins School of Theology. St. Mark's UMC is proud of your accomplishment and hard work!



The Northwest San Antonio Community is holding a **WALK TO EMMAUS FOR MEN** October 4 – 7, 2018, at Mt. Wesley, Kerrville, TX. Cost. \$236.00.

Who can go to an Emmaus Walk?

Emmaus is open to any members of a Christian denomination who have a desire to strengthen their spiritual lives, may have unanswered questions about their faith, understand that being a Christian involves responsibility, and have a willingness to dedicate their lives to God in an ongoing manner. You will enjoy three days of singing, learning, laughing, worshiping, reflecting, praying and sharing. You will experience God's grace through prayers and acts of service by others, leaving with an experience of Christian love 'in action.'

Interested in going? Just ask! Anyone who has been on an Emmaus Walk can sponsor you. Emmaus Community members – remember your Walk? Look around and see who is ready to experience this weekend. Offer to sponsor him! Being a sponsor is a fabulous experience, just ask someone who has done it!

For more information, go to nwsaemmaus.com. Applications are under the Documents and Forms tab OR visit St. Mark's church office. Partial scholarships are available. Any questions? Contact Terry Smith: terrysmith8@gmail.com or 210-365-7707 or Chris Bunch: chris@casabunch.com or 210-410-1413, or Maritha Tate: teachtate@hotmail.com or 210-363-2546.



FOOD POISONING

What is food poisoning?

Each year, 1 in 6 Americans gets sick by consuming contaminated foods or beverages. Many different disease-causing microbes, or pathogens, can contaminate foods, so there are many different foodborne infections.

Naturally occurring bacteria that you can't see, smell, or taste can contaminate food at any point in food's journey from farm to fork. Knowing how to handle food safely at home is a great way to reduce your risk of food poisoning.

About half of the 48 million victims of food poisoning each year are children under 15 years old. Most often a person experiences moderate to severe gastroenteritis for a few days, then feels better. They think "*it was just something I ate.*" However, food poisoning can seriously affect the most vulnerable and result in chronic health effects many years after a bout of food poisoning. In short, food poisoning can be more dangerous to health than many people realize.

To reduce the risk of food poisoning, be consistent in following the core four food safety practices:

- CLEAN
- SEPARATE
- COOK
- CHILL

For more information on foodborne illness in the United States <http://www.cdc.gov/foodsafety/>.

MYTH: Putting chicken in a colander and rinsing it with water will remove bacterial like salmonella.

FACT: Rinsing poultry in a colander will not remove bacteria. In fact, it can spread raw juices around your sink, on to your counter tops, and on to ready-to-eat foods. Bacteria in raw meat and poultry can only be killed when cooked to a safe internal temperature, which for poultry is 165°F, as measured with a food thermometer. Save yourself the messiness of rinsing raw poultry. It is not a safety step and can cause cross-contamination!

MYTH: You should not put hot food in the refrigerator.

FACT: Hot food can be placed directly in the refrigerator. A large pot of food like soup or stew should be divided into small portions and put in shallow containers for quicker cooling in the refrigerator. If you leave food out to cool and forget about it then toss it! Food is not safe to eat after sitting out at room temperature for more than two hours. Bacteria grow rapidly in the "danger zone" between 40°F & 140°F. Always follow the "two hour rule" -refrigerate perishable foods within two hours at a refrigerator temperature of 40°F or below. And if left out in a room or outdoors where the temperature is 90°F or hotter, food should be refrigerated or discarded within just 1 hour.

SOUNDS FROM THE BEANCOUNTERS

The following provides the financial overview for the month of July 2018.

| | |
|-------------------------------------|-------------|
| Operating Cash balance at 6/30/2018 | 6,701 |
| Non-Designated Contributions - July | 15,988 |
| Operating Expenses: | |
| Council on Ministries | 758 |
| Special Mission Giving | 0 |
| Mission Giving | 299 |
| Administration Expense | 33 |
| Trustees | 6,057 |
| Pastor's Compensation | 4,909 |
| Lay Personnel Compensation | 4,508 |
| | <hr/> |
| | 16,564 |
| Other Income/(Expense) | <hr/> |
| | 167 |
| Operating Cash balance at 7/31/2018 | <hr/> <hr/> |
| | 6,292 |

Comments:

July receipts were \$1,392 higher than budgeted, and \$1,457 lower than July 2017.

Year-to-Date receipts are \$8,105 higher than budgeted, while trailing 2017 by \$9,426.

July operating expenses were \$4,129 less than budgeted and \$121 higher than July 2017.

In July all expense categories are lower than budgeted other than Council on Ministries and Trustees expenses which were only slightly unfavorable. We did not make a Mission Giving payment other than the amount drafted each month by the Rio Texas Conference.

Through July our apportionment payments trail the budget by \$187.

Other income in June was \$522, \$1,794 lower than budgeted. Year-to-Date other income is unfavorable \$6,099.

Our operating cash balance on June 30, 2018 was \$6,292.

It is promising to see our contributions higher than budgeted and our operating expenses less than budgeted.

The Finance Committee asks you to review your level of support to St. Mark's, and ask that you keep St. Mark's in your prayers.

God Bless you all.

ST. MARK'S BUZZIN'S . . .



| | | |
|-----------------|------------------------|-------------------------------|
| Bob Ailerson | Michael Mendoza | Rosalinda Cavazos |
| Jill Anderson | Eric Milette | David Puig, Ph D |
| Kennedee Bailey | Will Schuetze | Everyone going back to school |
| Patty Braselton | Kirk Tomerlin | Casa Hermosa Church |
| Kylee Brown | Kathryn Wilson | Sandra Montes Family |
| Megan Brown | Patricia Barnes Family | Bob Mace Family |
| Bucky Coley | Susie Rosas | John Williams Family |
| Esdras Cuervo | Gertrude Johns | |
| Sylvia Gonzales | | |
| Alice Logan | | |



To the Family of Sandra Montes on the passing of Sandra's beloved mother (8/18/18).

To the Family of Bob Mace on the passing of Bob's beloved sister (8/19/18).

To the Family of John Williams on the passing of John's beloved mother (8/20/18).

Happy Birthday!

| | | |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Sep 4 Violet Hinton Jack Kiesel</p> <p>Sep 5 Nancy Sutton</p> <p>Sep 8 Ashley McMillian</p> <p>Sep 11 Marilyn Bonner Kathy Jack</p> | <p>Sep 12 Candy Baird</p> <p>Sep 15 Melissa Mendoza</p> <p>Sep 16 Susan Kosmich</p> | <p>Sep 18 Elizabeth Schott</p> <p>Sep 20 Sharon Somerville</p> <p>Sep 25 Carolyn Hahn</p> <p>September 29 Scott Crippen Sadie Walker</p> |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|

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Current Resident Or:

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MISSION STATEMENT

- TO HELP ALL PERSONS DEVELOP AND STRENGTHEN A PERSONAL RELATIONSHIP WITH GOD THROUGH HIS SON, JESUS CHRIST
- TO NURTURE THEM IN THE CHRISTIAN FAITH THROUGH OPPORTUNITIES FOR FELLOWSHIP, WORSHIP, AND STUDY
- TO STRIVE TO IDENTIFY AND SERVE THE NEEDS OF INDIVIDUALS AND GROUPS IN OUR COMMUNITY AND TO ENCOURAGE ALL TO LIVE IN THE WORLD AS CHRISTIAN DISCIPLES

PASTOR Rev. Maria Soto
SECRETARY Lillian Herrera
CHOIR DIRECTOR Carolyn Hahn
ORGANIST
WESLEY NURSE
CUSTODIAN Johnny Mendoza

OFFICE HOURS 8:30 a.m. - 2:30 p.m. Monday—Thursday
 CLOSED on Friday

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